

UCLA

OSHER
LIFELONG
LEARNING
INSTITUTE



Spring 2020

Schedule of Courses & Events





Top of My Day

Oil on canvas

Nancy Clavin, OLLI member since 2019

Calling All OLLI Artists!

All current OLLI members are invited to submit their original artwork for a chance to be featured in our next brochure. To be considered, please send a high-quality image to osher@uclaextension.edu and include the title of your piece, the medium, your full name, and contact information.

Osher Lifelong Learning Institute (OLLI) at UCLA

No tests. No grades.

Just learning for the sheer joy of learning.

Renew or join OLLI at UCLA today!

OLLI at UCLA membership begins the quarter you join and lasts for one full year. As a member, you have access to formal lectures, discussion groups, interest groups, foreign language, creativity, and movement courses. You must be at least 50 years old to join. There are two tiers of membership, both of which give you access to all OLLI at UCLA courses, events, volunteer opportunities, a selection of courses at our satellite site in Woodland Hills, and the exclusive OLLI lounge at our main campus in Westwood:

Basic Membership – \$50/year

Basic members enroll at regular course fees.

Plus Membership – \$295/year

Plus members enroll at significantly reduced course fees.

You will be prompted to purchase a membership when you enroll in an OLLI course. You can enroll online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.

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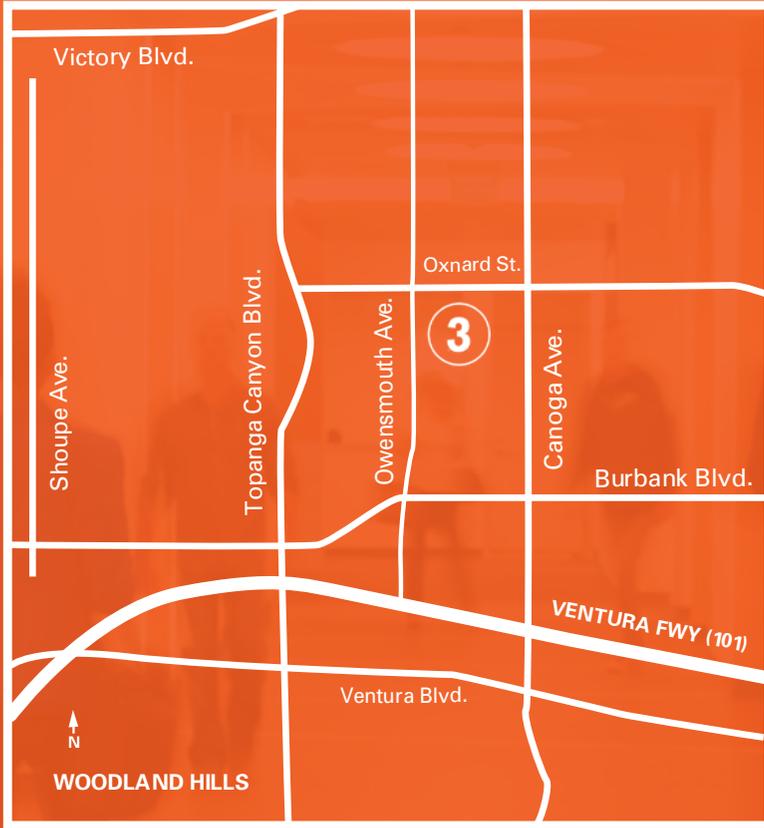
COURSE LOCATIONS



1 **UCLA EXTENSION
GAYLEY CENTER**
1145 Gayley Avenue

2 **WESTWOOD CAMPUS
UCLA EXTENSION**
1010 WESTWOOD CENTER
1010 Westwood Boulevard

In Westwood, a variety of public parking lots and metered parking is available throughout the village. Please expect daily parking costs to range from \$5-\$13 depending on time and day. For detailed parking information, please visit uclaextension.edu/osher or call (310) 206-2693.



3 **WOODLAND HILLS CAMPUS**
THE WARNER CENTER
TOWER III (AIG)
21650 Oxnard St., Suite 200
Woodland Hills, CA

In Woodland Hills, please park in the Tower III garage for UCLA Extension on Owensmouth Ave. The first 70 students per day can receive a \$7 parking validation from UCLA Extension front desk staff; the regular parking rate in the garage is \$12. For detailed parking information, please visit uclaextension.edu/osher or call (310) 206-2693.

Taste of Osher

These two-hour lectures are open to the public as well as OLLI members.

Registration is required. Fee is \$15. Plus members can register at no cost unless otherwise noted.

See exceptions where course fees are specified. No refunds allowed.

Peace Corps Service Later in Life

Come learn more about being a Peace Corps volunteer. UCLA Peace Corps Campus recruiter Jeffrey Janis speaks specifically on service later in life (the oldest volunteer currently in service is 82.) He gives an overview of the Peace Corps Mission, requirements for service, explains what volunteers do and where they serve, helps with browsing volunteer opportunities, and assists in finding the right program.

REG# 372653 | **INSTRUCTOR:** Jeffrey Janis

FREE: FREE for all members and non-members (registration required)

DATE/TIME: Wednesday, 1-3pm, April 1

WESTWOOD: Extension Gayley Center, Room 114

Japanese American Internment: Memories of Heart Mountain {New Course}

Sam Mihara is a second-generation Japanese American (Nisei) born and raised in San Francisco. When World War II broke out, the United States government used armed military guards to force nine-year-old Sam and his family to move to the Heart Mountain, Wyoming prison camp. It was one of 10 such camps in the country that together housed more than 120,000 west coast residents of Japanese ancestry, most of them U.S.-born American citizens. Sam and his family lived in one room, 20-by-20 square feet, in a barrack for three years. In this course, Sam describes the events leading to internment, and life for Japanese American citizens imprisoned at Heart Mountain, Wyoming during World War II. He has also studied the current detention of immigrant families across the country and shares his findings.

REG#: 372841 | **INSTRUCTOR:** Sam Mihara

DATE/TIME: Wednesday, 1-3pm, April 15

WESTWOOD: Extension Gayley Center, Room 114

Who's Afraid of the Big Bad Wolf? {New Course}

Wolves have a long history of association with humans, having been despised and hunted in most pastoral communities because of their attacks on livestock. In this course, we explore the effects of their eradication and reintroduction on the environment, in particular Yellowstone National Park. Wolf pack migration into Oregon and California and the delisting of wolves and importance of the endangered species act are reviewed in detail, and their implications for the environment and global warming. We also explore the ancestry of wolves and dogs, their evolution and the basis of the companionship of dogs. Other topics include wolf biology and biochemistry, trophic cascade, chaos theory, wolf pack behavior, wolf-human interactions, and wolf mythology.

REG#: 372987 | **INSTRUCTOR:** Keith L Klein

FEE: FREE for all members and non-members (registration required)

DATE/TIME: Saturday, 10am-12pm, April 18

WESTWOOD: Extension Gayley Center, Room 114

Understanding Autism {New Course}

Autism diagnosis is at 1 in 52 in the U.S., and across the world, across every sector of society. Autism isn't something foreign or in the movies. Many of us know someone with autism spectrum disorder (ASD). This course reviews the defining characteristics of autism—social communication difficulties, repetitive behaviors and sensory and developmental differences—and briefly discuss therapies and interventions. In addition, we discuss the increasing rate and causes of autism. In the second hour, we discuss the impact of this increased rate of autism on society by exploring issues in social integration, employment, and the role of everyday people.

REG#: 372274 | **INSTRUCTOR:** Sara Ann Schuchert

DATE/TIME: Saturday, 10am-12pm, April 25

WESTWOOD: Extension Gayley Center, Room 119

Running for Life

If you have always wanted to try running but were afraid of doing it effectively and efficiently, this is the class for you. Learn about optimum arm swing, posture, foot strike for energy efficiency and injury prevention; what to do and what to avoid when stretching; shoe selection advice; self-care injury treatments; mental mindsets for maximum benefits; race day strategies; and more.

REG#: 372275 | **INSTRUCTOR:** Warren Mullisen

DATE/TIME: Saturday, 10am-12pm, May 2

WESTWOOD: Extension Gayley Center, Room 112

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.

Fall Prevention Workshop: Part 1 {New Course}

Falls are the leading cause of fatal and nonfatal injuries in people age 65 and older. Common injuries due to falls are head injuries, shoulder and forearm fractures, spine fractures, and hip fractures. Keeping an active lifestyle is the most important step toward injury prevention and management of other chronic health conditions. In this course, we cover nutritional concerns and practice exercise techniques to develop resistance training for bone strength and reactivity—the ability to react to one's environment. Note: You will be asked to sign a waiver before participation.

REG# 373389 | **INSTRUCTOR:** Jason Root

FEE: FREE for all members and non-members (registration required)

DATE/TIME: Saturday, 10am-12pm, May 9

WESTWOOD: Extension Gayley Center, Room 121AB

Yiddish Bingo

Yiddish is a uniquely descriptive, expressive, fun, and amusing language. In this course, we use the board game, Bingo, to learn new expressions, including how to ask a question, count, and tell time. We also learn expressions associated with different kinds of shopping, the parts of the calendar, and a list of helpful verbs and adjectives.

REG# 372276 | **INSTRUCTOR:** Marganit Lish

DATE/TIME: Thursday, 1-3pm, May 21

WOODLAND HILLS: Extension Warner Center, Suite 200, Room TBD

Audrey's Docutalk: Raise Hell: The Life and Times of Molly Ivins {New Course}

Molly Ivins was a superstar newspaper columnist who wrote about Texas and national politics with an eagle eye and a mordant sense of humor. She understood the depth of the relationship between capitalism and representative democracy and wrote insightfully about how politicians shaped their images to play to constituencies. Even the most scathingly funny and wild Ivins columns were undergirded by a sense of moral outrage that so many elected representatives were lining their own pockets or the pockets of donors rather than serving the people who voted for them. Director and producer Janet Engel and her team spent years researching and collecting massive amounts of material that served as the underpinnings for this fast-paced documentary. Ms. Engel will share her behind-the-scenes story of what it took to make this important and compelling film during the Q&A.

REG# 372752 | **INSTRUCTOR:** Audrey Stein

FEE: \$15 for all members and non-members

DATE/TIME: Saturday, 1-4pm, May 30

WESTWOOD: Extension Gayley Center, Room 114

Lecture Courses

SPRING 2020 SCHEDULE

OLLI membership is required to enroll in these courses.

For more information, see page 32 (General Information & Policies page) or visit uclaextension.edu/osher.

Lecture courses are taught by the high-caliber instructors and guest speakers for which UCLA is world-renowned. These courses are instructor-led and may include readings. OLLI membership is required to enroll in these courses.

Coming to Terms with the Holocaust, Part II

As the most extensively documented genocide in history—and the most intensively investigated, interrogated and debated—the Holocaust in Europe (1933-1945) has much to teach us about hatred, demagoguery, impersonal violence, state-sponsored murder on an industrial scale, and ourselves. In this second course of the series, we complete our broad overview of the Holocaust. We trace the tangled path that led from exclusionary Nazi Antisemitism to Einsatzgruppen murder squads and, inevitably, gas chambers. We investigate the ghettoization of the Jews of Eastern Europe, the radical and far-reaching decisions at the Wannsee Conference, and the establishment of the five concentration camps. We also study the creation and operation of Auschwitz and conclude with an interrogation of the Nuremberg trials.

Although this course takes place in a classroom, the instructor will teach remotely via video conferencing. The interaction between the instructor and his students take places via a camera and microphone.

REG# 372197 | **INSTRUCTOR:** Steve Sohmer

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Mondays, 10am-12pm, March 30 – May 4

WESTWOOD: Extension Gayley Center, Room 119



Best in Shorts {New Course}

Every year, major international film festivals receive more than 50,000 short movies; different in style, genre, production value, and cost. Regardless of their quality, they all share a similar fate—more than 99% of these submissions will neither receive a theatrical release nor enjoy a profitable life outside the film festival circuit. Some short movies are accessible on the video-on-demand market, but there are no reviews that can help film lovers figure out which of them might be worth watching. This course addresses these issues by the rare and unique opportunity of viewing some of the best dramas, documentaries, comedies, and animated shorts, carefully selected by a returning Osher instructor who spent the last few years attending short film festivals and directing one of his own. The result is an anthology of the best short movies, with each class meeting featuring an 80-minute compilation of shorts, preceded by a brief introduction and followed by a post-screening discussion.

REG# 372457 | **INSTRUCTOR:** Alex Pirolini

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Mondays, 1-3pm, March 30 – May 4

WESTWOOD: Extension Gayley Center, Room 114

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.

The Early Republic of the United States {New Course}

This course explores the issues of the United States during the formative years of the republic. Focusing on the time period between the turn of the 19th century and the U.S.-Mexico War, we examine the following topics: Native American conflicts, the American political economy, expansion of Atlantic slavery, women in American society, popular and material culture, religion, and westward expansion. Throughout the course, we analyze whether the United States was becoming more or less democratic during this period.

REG# 372201 | INSTRUCTOR: Jessica Marino

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Mondays, 1-3pm, March 30 – May 18

WOODLAND HILLS: Extension Warner Center, Suite 200, Room TBD

The Evolution of Jazz

Jazz came out of a mixture of blues, ragtime, brass-bands and syncopated dance music in New Orleans at the turn of the last century. This revised course covers the pillars of both musical forms—jazz with Louis Armstrong and Jellyroll Morton, and the blues with Bessie Smith, Robert Johnson, and B.B. King. We then follow jazz as it moves upriver to Chicago to hear Eddie Condon and Bix Beiderbecke; then New York where it burst forth from the big bands of Basie, Ellington, Goodman, and Dorsey with vocalists Ella Fitzgerald and Billie Holiday. In California, we discover bebop with Dizzy Gillespie and Charlie "Bird" Parker and cool jazz with Chet Baker and Dave Brubeck. Finally, we look at how jazz is evolving in the 21st century with a new breed of musicians who are creating an innovative sound that challenges convention and defies categorization.

REG# 372203 | INSTRUCTOR: Patrick Collins

BASIC MEMBER FEE: \$125 | **PLUS MEMBER FEE:** \$37

DATE/TIME: 7 Tuesdays, 10am-12pm, March 31 – May 12

WESTWOOD: Extension Gayley Center, Room 121AB

From Manet to Monet: The Influences and Relationships Between Realism and Impressionism {New Course}

Although often grouped in with the Impressionists, Édouard Manet is a pivotal and influential transition figure between French Realism and Impressionism. His work, focusing on capturing the immediacy of the modern world, was seen as a challenge to the constraints of the French Academy of Fine Arts and became an inspiration for a young generation of rebellious artists who would become known as the Impressionists. However, as Impressionism continues to develop, its style and methods begin to make an impact on the work of Manet. Although Manet never participated in the Impressionist Exhibitions, in his work and those of the Impressionists—Claude Monet in particular—you can see the reciprocity of their influences on each other. This course traces those developments that helped to form the Impressionist style and how they, in turn, influenced encouraged experimentation in Manet's works.

REG# 372334 | INSTRUCTOR: Katherine E. Zoraster

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Tuesdays, 1-3pm, March 31 – May 5

WESTWOOD: Extension Gayley Center, Room 121CDE



Why (Re)Read George Orwell in 2020: Part 2 {New Course}

This course honors the 70th anniversary of the death of George Orwell (Eric Blair, 1903-1950), considered by many one of the foremost prose stylists of the English language and one of the world's most provocative public intellectuals. We continue the chronological reading of major works by Orwell, including the final two listed here, his most famous and influential works: *The Road to Wigan Pier* (1937) *Homage to Catalonia* (1938), *Coming Up for Air* (1939), *Animal Farm* (1945), and *Nineteen Eighty-Four* (1949). Selected essays will be read from the internet. A class luncheon at a restaurant in Westwood will be held after the last day of class in order to allow students to interact and network in a non-classroom environment.

REG# 372337 | **INSTRUCTOR:** Carlo Coppola

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 10am-12pm, April 1 – May 20

WESTWOOD: Extension Gayley Center, Room 119

Rock and Roll in the Sixties

From the Brill Building hits of the early '60s to the surf songs of The Beach Boys; from the British Invasion led by The Beatles to the Greenwich Village folk music scene; the first half of the decade was a reflection of Bob Dylan's social consciousness. The times they were a changin' and so was the music. The second half of the '60s gave us the Monterey Pop Festival, the San Francisco Flower Power movement, and the culmination of the decade, Woodstock. Through personal stories and video clips, this course focuses on the excitement and turbulence of the decade, when rock and roll was reinvented and became an art form.

REG# 372339 | **INSTRUCTOR:** Steve Barri

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Wednesdays, 1-3pm, April 1 – May 13 (no meeting April 8)

WOODLAND HILLS: Extension Warner Center, Suite 200, Room TBD

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.

Mysticism: East and West

A major and recurrent feature in world religions is the ecstatic or mystical experience of the individual or groups and the effects of such experience on the religious tradition. This course is concerned with the mystical as it appears in archaic, Eastern, and Western traditions, as well as with the mystics themselves. We begin with perhaps the earliest of religions, the shamans, and continue with the ancient Greek, Roman, and Egyptian mystical practices as described in the secret texts. Hinduism, Buddhism, and Daoism present instructions and evidence of intense mystical experiences. Judaism, Christianity, and Islam all have significant and powerful mystical knowledge that will be explored. The course ends with a survey of modern ecstatic experience induced by drugs, as well as the psychological and bodily practices of the 21st century.

REG# 372235 | **INSTRUCTOR:** Phyllis Herman

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 10am-12pm, April 2 – May 28 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 121DE

Classic Albums: How the LP Changed Music Forever

{New Course}

Approximately 50 years ago, a major shift took place in the world of music: we went from a singles-oriented culture to being all about the album. Though the 33 1/3 rpm vinyl record had been introduced in 1948, its dominance over the 45 rpm vinyl single did not begin until the mid-1960s. In this course, we discuss what led to this change in listening, how this change affected musicians and audiences, and why we are now moving back toward a singles-oriented culture. We also listen to some of the greatest albums ever recorded, including *Pet Sounds* by The Beach Boys, *Blue* by Joni Mitchell, *What's Going On* by Marvin Gaye, and *Back to Black* by Amy Winehouse.

REG# 372237 | **INSTRUCTOR:** Max Keller

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 6:30-8:30pm, April 2 – May 28 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 114

Art of the Northern Renaissance {New Course}

The Renaissance, reaching its height at the end of the 15th and early 16th centuries, is really a collaboration of a widespread amount of influences and traditions. Although its most clear expression is seen throughout the art of Italy, its development is deeply impacted by the style and structure of the art of Northern Europe. The regions of Northern France, Germany, the Netherlands, and England are known for their meticulous and naturally rendered art, the mastery of oil paint, and the development of the printing press. Expansive trade and commerce created a thriving economy and resulted in rich cultural exchange and a burgeoning open art market. In this course, we specifically focus on the origins and development of these artistic developments in the regions north of the Alps and how they impact, influence, and merge with the art of the Italian Renaissance.

REG# 372458 | **INSTRUCTOR:** Katherine E. Zoraster

DATE/TIME: 6 Thursdays, 1-3pm, April 2 – May 14 (no meeting April 9)

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

WOODLAND HILLS: Extension Warner Center, Suite 200, Room TBD

Music of Johannes Brahms {New Course}

Johannes Brahms is revered as one of the great composers of classical music. Often described as one of the “three B’s” that include Bach and Beethoven, Brahms understood himself as continuing an important musical legacy. Through Brahms, a rich German tradition of chamber music and lieder continue to develop and he can be seen as spearheading a new generation of symphonic composers after him such as Bruckner, Mahler, etc. In this course, we explore how Brahms forged a style that explored inventive new melodies, rhythms, and harmonies while also maintaining an interest in upholding older, more “classical” forms. This interest in the past would match his involvement in the burgeoning musicological endeavors at the end of the 19th century. Our discussion includes the musical works of Brahms’ lieder, keyboard pieces, vocal repertoire, chamber music, and symphonies.

REG# 372470 | **INSTRUCTOR:** Ryan Shiotsuki

BASIC MEMBER FEE: \$135.00 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Fridays, 10am-12pm, April 3 – May 29 (no meeting May 22)

WESTWOOD: Extension Gayley Center, Room 121ABC

Mozart: Part 2 {New Course}

Wolfgang Amadeus Mozart is probably the most famous prodigy in the history of classical music. As early as age five, he was already an accomplished performer on keyboard and violin and began composing music. His musical legacy, however, extends far beyond the mythos of these early years and he develops into one of the most important composers of the 18th century. This course surveys music that was not covered in the previous Mozart course.

REG# 372471 | **INSTRUCTOR:** Ryan Shiotsuki

BASIC MEMBER FEE: \$135.00 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Fridays, 1-3m, April 3 – May 29 (no meeting May 22)

WESTWOOD: Extension Gayley Center, Room 121ABC

Funny Love: Movies That Make Us Laugh at Ourselves {New Course}

Some love stories are heartbreaking, others are hilarious. The shenanigans of being in love—anxiety, desperation, ambivalence, and sentimentality—enable us to see this powerful human emotion with a lighter heart. Featured in this class are *Made for Each Other*, starring real life lovers Joseph Bologna and Renee Taylor, *Arthur* (the delightful original) with Dudley Moore and Liza Minelli; *The Goodbye Girl*, with Richard Dreyfus and Marsha Mason at their best; *The Princess Bride* with Mandy Patinkin, Cary Elwes, Peter Falk, and too many others to mention; *Tootsie*, starring Dustin Hoffman, Jessica Lange, Bill Murray, and a star turn by director Sydney Pollack; and finally, Nora Ephron’s classic, *When Harry Met Sally...*, showcasing Billy Crystal, Meg Ryan, and the much missed Carrie Fisher.

REG# 372253 | **INSTRUCTOR:** Brandon French

BASIC MEMBER FEE: \$130 | **PLUS MEMBER FEE:** \$39

DATE/TIME: 6 Fridays, 1-3:30pm, April 3 – May 8

WESTWOOD: Extension Gayley Center, Room 114

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.



Rumi Short Stories {New Course}

The fictions that Rumi invents or reuses to aid in understanding the principles of Sufism are intricately woven into the fabric of his spiritual teachings. In this course, we read his short teaching stories—parables with the power to open a mystical portal to a world where wisdom and wit reside. We discover the characters that inhabit Rumi’s fictions—the wise, the deceptive, the cunning, the distrustful, the gullible, the innocent, the pure and, of course, talkative animals. Rumi’s language soars to the heights of high verse, connecting us to eternal values and timeless human understanding that today’s fast, technologically driven life seems not to be able to give voice to. Suggested book: *The Book of Rumi: 105 Stories and Fables that Illuminate, Delight, and Inform*, translated by Maryam Mafi.

REG# 372271 | **INSTRUCTOR:** Leonard Koff

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Sundays, 12-2pm, April 5 – June 7 (no meetings April 12 & May 24)

WESTWOOD: Extension 1010 Westwood Center, Room 320

Beyond the Headlines

Pulled from today's headlines, this speaker series offers in-depth analysis of significant contemporary issues. Each week, an expert from the political, social, technological, or economic spectrum focuses on a major global, national, or local issue, thus highlighting the most striking and pertinent news today.

Please note that registration begins at 8am on Friday, January 31 for this course only. This course is extremely popular and tends to fill up on the first day of enrollment.

REG# 372479 | **INSTRUCTOR:** Maxwell D. Epstein

FEE: \$165 for all members

DATE/TIME: 8 Tuesdays, 10:30am-12pm, April 7 – May 26

WESTWOOD: Extension Gayley Center, 1145 Gayley Ave., Room 121



Introduction to Russian Classical Music

An overview of Russian classical music, from its origins in the mid-18th century through the present day. Besides familiarizing North American audience with the shared Western European traditions and specificities of Russian musical culture, this course goes beyond the foundational conception of what Russian culture is through the study of classical music. We additionally consider critical texts by Russian authors on topics of nationalism and politics of identity; on pedagogy and aesthetics as a way of gaining some understanding of the cultural values and worldviews of Russians. More specifically, the course covers lives and works of Michail Glinka, Aleksandr Dargomyzhsky, Mily Balakirev, Aleksandr Borodin, Modest Mussorgsky, Nikolay Rimsky-Korsakov, Pyotr Ilych Tchaikovsky, Sergey Taneyev, Alexander Scriabin, Sergei Rachmaninoff, Nikolai Miaskovsky, Igor Stravinsky, Sergei Prokofiev, Dmitry Shostakovich, Sofia Gubaidulina, Edison Denisov, Igor Kefalidis, and others.

REG# 372272 | **INSTRUCTOR:** Anahit Rostomyan

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 1-3pm, April 21 – June 9

WOODLAND HILLS: Extension Warner Center, Suite 200, Room TBD

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.

Cinema and Music of the Soviet Union {New Course}

Overshadowed by the popularity and accessibility of Hollywood films, some truly remarkable and culturally significant films of the Soviet era have for the most part remained undiscovered in the West. This course aims to shed light on Soviet-era films in which music, in one way or another, plays a significant role. These full-length iconic films introduce major genres and styles, certain directors and composers, and aspects of Soviet film history. They also give us an opportunity to explore a range of issues—cultural, historical, and aesthetic—that are relevant to our survey. Films include: *Battleship Potemkin* (1925); *Alexander Nevsky* (1938); *Carnival Night* (1957); *The Color of Pomegranates* (1969); *Seven Moments of Spring* (1973); and more. All films include subtitles, and English translations to all pertinent materials will be provided in advance.

REG# 372524 | **INSTRUCTOR:** Anahit Rostomyan

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 1-3pm, April 22 – June 10

WESTWOOD: Extension Gayley Center, Room 114

How Chocolate Conquered the World, Part 2: 1840 to the Present

In the early 1800s, the chocolate industry had fallen on hard times, but by 1850, chocolate enjoyed a resurgence due to world economics, new markets, lower costs, advertising, technology, and the rise of large chocolate companies. This course follows the rise of chocolate as reflected in popular culture: musicals and movies, films, ballet, literature, and art. We discuss chocolate's new varieties such as bonbons, Eskimo Pies, Three Musketeers, Hershey Bars and Kisses; and special rations made for the armies of the world. We also look at the rise of mass manufactured chocolate, especially milk chocolate, as well as the beginning of dark chocolate in the late 1980s, which includes the concepts terroir, i.e., the effect of growing areas on the beans' taste, and craft bean to bar chocolate. Issues of child labor, environmental impact, and a declining growth of good cacao are also discussed. Each class includes international and American craft chocolate tastings—by percentage, bean type, horizontal (multiple chocolate made in the same region in one year), and vertical (the evolution of one chocolate over the course of several years).

REG# 373159 | **INSTRUCTOR:** Lee Scott Theisen

BASIC MEMBER FEE: \$95 | **PLUS MEMBER FEE:** \$28

DATE/TIME: 3 Wednesdays, 10am-12pm, May 27 – June 10

WESTWOOD: Extension Gayley Center, Room 119

Discussion Groups

SPRING 2020 SCHEDULE

Discussion groups are for members who want to ask questions, offer answers, and share their knowledge in the classroom. Depending on the nature of the course, there could be a modest amount of preparation or readings required. Members should be ready to participate and share their insights. OLLI membership is required to enroll in these courses.

Great Italian Cinema

From the post-World War II Neorealismo period, which merged cinematic realism with a focus on glaring social problems and postwar poverty; to Fellini's imitable cinematic style combining surreal carnival with incisive social critique; to the acclaimed films of present-day directors; Italian cinema has given us great cinema. In this course, we view some of the greatest Italian films and analyze how they use the verbal, visual, and visceral art form. Each Great Italian Cinema course will offer different films, none of which will be advertised ahead of time to ensure that the class is not affected by reviews and locked into preconceptions but rather sees each with a fresh awareness.

REG# 372277 | **INSTRUCTOR:** Vincent Coppola*

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 5 Tuesdays, 1-4:30pm, March 31 & April 28; 1-4pm, April 7 – April 21

WESTWOOD: Extension Gayley Center, Room 114

*This instructor has a service dog that will be present during class.

Joan Didion's Remarkable Take on America {New Course}

Joan Didion's writing is uniquely stylish, which makes it as recognizable as the work of Hemingway, Fitzgerald, Faulkner, Updike, Bellow, Salinger, and Roth. And her vision of America—eloquent, sometimes amusing, often caustic, and staggeringly precise—has earned her an impressive reputation in American letters. In this class, we read and discuss one of her novels, *Play It As It Lays*; two essay collections, *Slouching Towards Bethlehem* and *The White Album*; and her autobiographical *The Year of Magical Thinking*, a stunningly detailed road map of loss and survival.

REG# 372291 | **INSTRUCTOR:** Brandon French

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 10am-12pm, April 1 – May 20

WESTWOOD: Extension Gayley Center, Room 121B

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.



You Call That Art? {New Course}

The word “art” originated in the late Middle Ages and has since been appropriated by institutions, academics, and leaders for tribal, religious, political, cultural, and personal advantage. As a result, art acquired a spectrum of diverse and contradictory meanings and remains a potent source of controversy. This course seeks to provoke rousing conversations and diverse opinions of the meaning of art. Each week—using slide presentations, lectures, conversations, and venues within walking distance—we compare and contrast our personal experiences and opinions of paintings, drawings, sculpture, architecture, earthworks, commercial graphics, and events; with the published opinions of noted artists, critics, curators and galleries. Rather than seeking a definitive result, our discussion intends to broaden our appreciation of alternatives, purposes, and degree of accomplishment of the creator's objectives.

REG# 372949 | INSTRUCTOR: Barry Berger

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 10am-12pm, April 1 – May 20

WESTWOOD: Extension Gayley Center, Room 112

The Libretto: The Unsung Hero of Opera {New Course}

Verdi could compose his music in a matter of weeks, but spend as much as a year picking a subject and refining a text in collaboration with his wordsmiths before writing a note. In this course, we discuss how libretti shape an opera and the extent to which they suggest music. We compare some libretti with screenplays and other literary forms to see how they are similar and different, and discover the features of a successful libretto and how a libretto is key to an opera's success. We gain a deeper sense of this much overlooked aspect of opera by considering libretti in the hands of composers as different as Mozart and Wagner; and by examining Felice Romani's libretto for *Lucia di Lammermoor*, Piave's libretto for *Rigoletto*, as well as Illica and Giacosa's libretti for *La Boheme* and *Tosca*. Operas derived from pre-existing plays, such as Oscar Wilde's *Salomé* and Maeterlinck's *Pelléas et Mélisande*, will also be considered, as well as the instructor's libretto for *Journey to Horseshoe Bend* (derived from a novel), which taught him how to make suggestions to a composer. Students also create their own libretto from a pre-existing play.

REG# 372733 | INSTRUCTOR: Gordon Williams

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 1-3pm, April 2 – May 28 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 112



Musicals with a Serious Theme {New Course}

There are some wonderful musicals that have very serious themes, in fact downright philosophical ones, and in this course we show and discuss them in that vein. So be prepared to analyze them as works with a perspective on the human condition but depicted in a musical format which promotes their themes viscerally. None of the musicals will be advertised ahead of time to ensure that the class is not affected by reviews and locked into preconceptions but rather sees each with a fresh awareness. Tenth row center awaits you!

REG# 372297 | **INSTRUCTOR:** Vincent Coppola*

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 5 Thursdays, 1-4:30pm, April 2 & May 7

1-4pm, April 16 – 30 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 114

*This instructor has a service dog that will be present during class.

Current Events: Understanding Our World

This discussion group focuses on the news of the week. Participants share articles and opinions that pertain to what's happening both in the United States and internationally and particularly to introduce diverse views. Many of the pundits we analyze write for *The New York Times*, the *Wall Street Journal*, the *Washington Post*, and the *Los Angeles Times*. These include such political writers as David Brooks, Thomas Friedman, Paul Krugman, Ross Douthat, Fareed Zakaria, John Bolton, Peggy Noonan, Maureen Dowd, and many more that the class may wish to cover. You also examine magazines, such as *The New Yorker*, *The Atlantic*, *The New Republic*, and other journals that give in-depth coverage of current topics. This is your chance to listen and to be heard on the events of the day. This is a very popular course with limited space; we advise members to enroll early.

REG# 372296 | **INSTRUCTOR:** Myrna Hant

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 10am-12pm, April 16 – June 4

WESTWOOD: Extension Gayley Center, Room 121ABC

Ways of Looking at Contemporary Art

This salon opens the door to enhancing experiences with contemporary art. After a first meeting in the classroom, we take field trips to museums and galleries while sharing conversations around the table. In this course we consider themes, such as the artist's use of materials, the time and place of the artist's activity, perception of two- and three-dimensional space, the figure, abstraction and performance. Guided walkthroughs and discussions support inquiry based looking.

Note: members must provide their own transportation to field trips.

REG# 372298 | **INSTRUCTOR:** Deborah Beth Cohen

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Thursdays, 1-3:30pm, May 7 – June 11 (Field Trips: May 14, 21, 28; June 4)

WESTWOOD: Extension 1010 Westwood Center, Room 317

The Art of Mindfulness: Part 3 {New Course}

According to ground-breaking research on mindfulness and emotions, love is our master emotion. This course introduces you to the new science of love, what it is and how to increase it in your life, using practical methods of generating authentic positive emotions. Through shared conversation, we reflect on our own observing and training awareness: breath, body awareness, and meditation; your past, present, and future self. Learn how to develop more positive emotions and loving connections, and get an upgrade in understanding about how love improves your mental health, well-being, and even your longevity. *Attendance in The Art of Mindfulness, Parts I or II is not necessary.*

REG# 372550 | **INSTRUCTOR:** Jeffrey Hutter

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 4 Tuesdays, 1-3pm, May 12 – June 2

WESTWOOD: Extension Gayley Center, 1145 Gayley Ave., Room 114

Eastwood by Eastwood {New Course}

There are many famous actors who direct and many talented directors who act, but few have equaled Clint Eastwood's achievement as both iconic actor and prize-winning director, especially within the genre with which he is most associated: The Western. In this course, we view and review the five Westerns that Eastwood directed himself in: *High Plains Drifter*, *The Outlaw Josey Wales*, *Bronco Billy*, *Pale Rider*, and *Unforgiven*. Remember, "We all got it comin', kid."

REG# 372846 | **INSTRUCTOR:** Dylan Wright

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 5 Thursdays, 1-4pm, May 14 – June 11

WESTWOOD: Extension Gayley Center, Room 114

Foreign Languages

SPRING 2020 SCHEDULE

OLLI at UCLA offers courses in French and Spanish at several levels. Language courses are discussion-heavy and members should be ready to participate and share their insights. OLLI membership is required to enroll in these courses.

Spanish IV for Everyday Life

A continuation of Spanish III, this is an immersion-style course that offers an easy, no stress way to build on what was learned in the first three courses and is great for those with intermediate knowledge of Spanish. After a first session in English, instruction is conducted entirely in Spanish. Discussion centers on current events and a taste of Spanish literature.

Our Spanish I-IV courses teach you the grammar and vocabulary foundation needed to read and write in Spanish. Students will receive some lecture as well as be assigned short readings in Spanish. We offer these courses on an annual cycle: Spanish I is offered in the summer; Spanish II is offered in the fall; Spanish III is offered in the winter; and Spanish IV or Literary Spanish is offered in the spring. Please visit osher.uclaextension.edu/spanish to find out what level is best for you.

REG# 372299 | **INSTRUCTOR:** Emilia Chuquin

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 10am-12pm, March 31 – May 19

WESTWOOD: Extension Gayley Center, Room 119B

Intermediate French Conversation

Designed for students who have taken a year or more of French, this class prepares you to have a conversation with native speakers of French. Real-life dialogues include engaging topics such as meeting people, making plans, discussing leisure activities, and just having fun. Suggested Text: *Sur le Vif*, 6th edition, by Tufts and Jarausich.

REG# 372472 | **INSTRUCTOR:** Ruth Anne Gooley

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 6:30pm-8:30pm, March 31 – May 19

WESTWOOD: Extension Gayley Center, Room 119A

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.



Real Life Spanish Conversation I

This Spanish conversation course provides a comfortable space for members to practice their fluency with others under an instructor's guidance. Members respond to prompts provided by the instructor while their peers ask follow up questions or make comments, all in Spanish. The instructor facilitates the conversations and corrects vocabulary or grammar as needed. Please note: this is not a beginner's class; some Spanish is required. Please visit osher.uclaextension.edu/spanish to find out what level is best for you.

REG# 372475 | **INSTRUCTOR:** Susan McMillen Villar

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 10am-12pm, April 2 – May 28 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 119B

Real Life Spanish Conversation II

This Spanish conversation course is for those with a more advanced grasp of conversational Spanish. Members respond to prompts provided by the instructor while their peers ask follow up questions or make comments, all in Spanish. The instructor facilitates the conversations and corrects language as needed while also introducing more advanced grammar and vocabulary skills. Please note: this course is intended for intermediate Spanish speakers; students approaching fluency are encouraged to take our High-Level Spanish Conversation course. Please visit osher.uclaextension.edu/spanish to find out what level is best for you.

REG# 372476 | **INSTRUCTOR:** Susan McMillen Villar

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 1-3pm, April 2 – May 28 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 119B

Creativity, Games & Movement

SPRING 2020 SCHEDULE

These courses are interactive; members are able to practice or apply what they learn in class. OLLI membership is required to enroll in these courses.

Intermediate Chess

Chess is one of the most popular strategy games in the world. This class runs as a workshop and is best suited for anyone who knows the very basics (rules and moves). A quick refresher is given if necessary, but some very basic knowledge of the rules certainly helps. From there, we expand on various fun chess topics that include but are not limited to, strategies, openings, endgames, puzzles, exercises, and many others. We also dedicate at least an hour every week to gameplay where you are paired with people of similar skill.

REG # 372477 | **INSTRUCTOR:** Duncan Palamourdas

FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Mondays, 10am-12pm, March 30 – May 4

WESTWOOD: Extension Gayley Center, Room 121E

Beginning Mah-Jongg

Mah-Jongg is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s. It is played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles, and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mah-Jongg" ends the game, whereupon tiles are scored and a winner is declared. This course introduces the beginner to the basic rules and simple strategies. Please visit osher.uclaextension.edu/mj to find out what the requirements and pre-requisites are for each level. Each player must purchase a Mah-Jongg card from the National Mah-Jongg League at their website: www.nationalmahjonggleague.org before the beginning of class. The large size card is highly recommended for beginners. Learn to play this enjoyable, social, and thought provoking game!

REG# 372551 | **INSTRUCTOR:** Sheila Strober

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 7 Mondays, 1-3pm, March 30 – May 11

WESTWOOD: Extension Gayley Center, Room 112

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.



Intermediate Mah-Jongg

Intermediate Mah-Jongg is designed for players who already understand the basic rules of play and have had some experience playing the game and wish to further develop their skills. The goals of the class include: better understanding of reading the Mah-Jongg card, developing strategies for choosing the hand of play, strategies for defensive play, and increasing the speed of play. There will be plenty of time to practice all of these skills and have a great time. You will need to order the 2020 Mah-Jongg card from the National Mah-Jongg League at: www.nationalmahjonggleague.org. The large card for \$9 is preferred. Prerequisite: Students should understand the basics and already have significant practice playing different hands. Please visit osher.uclaextension.edu/mj to find out what the requirements and pre-requisites are for each level.

REG# 372552 | **INSTRUCTOR:** Sheila Strober

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 7 Mondays, 3:30-5:30pm, March 30 – May 11

WESTWOOD: Extension Gayley Center, Room 112

Reading and Acting Shakespeare's *Richard III* {New Course}

This is the ideal group for those who love acting, theatre, language, and Shakespeare. Each week, we read aloud and discuss one act from the play, then look at selected scenes and speeches from an actor's perspective (scripts in hand, no memorization required). We explore the different ways that Shakespeare's language helps us bring his extraordinary characters to life. All are welcome, no prior acting experience required, only a desire to passionately engage with the greatest dramatist of all time. Please bring a copy of the play to our first meeting.

REG# 373381 | **INSTRUCTOR:** Steven Moore

FEE: FREE for Osher members; registration required

DATE/TIME: 8 Tuesdays, 10am-12pm, March 31 – May 19

WESTWOOD: Extension 1010 Westwood Center, Room 218



Drawing is a Feeling, Part II: Exploring Light, Shade, and Shadow

As an introduction to representational picture making, in this course we learn how to learn to draw the objects and spaces that surrounds us—those things we see every day. Using the pencil, our fundamental tool, we explore space as expressed through shade, shadow, and light. Participants draw during classroom sessions and on class field trips to museums and galleries throughout Los Angeles. Techniques for developing mark making skills are given, while timely discussions invigorate the drawing practice. Participants are expected to purchase a reasonably priced beginning drawing kit from their local art store (details provided at our first meeting). Note: members must provide their own transportation to field trips.

REG# 372562 | **INSTRUCTOR:** Deborah Cohen

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Tuesdays, 1-3:30pm, March 31 – May 5 (Field Trips: April 14 & 28)

WESTWOOD: Extension 1010 Westwood Center, Room 321

The Butler Did It...or Did He? {New Course}

Reading play scripts can be challenging, because at first you might feel like you're reading a set of instructions. Most plays contain dialogue along with cold, calculating stage directions. Yet, a play can be a moving literary experience. In this course, we read mystery scripts aloud—some of the best whodunits ever written, starting with Agatha Christie's *Mousetrap*. We then see how mysteries have evolved over the years by reading aloud and discussing Joe DiPietro's *Art of Murder*. At the beginning of each class, we do vocal and physical warm-ups, as well as some improvisational games to free up our spirits and voices and hearts. And in the process of reading, we learn how to be more expressive and how an actor makes decisions concerning the creation of a character. Whether you had the lead in your high school musical or never acted before, this course will kindle or rekindle in you the joy and excitement of reading a script aloud.

REG# 372568 | **INSTRUCTOR:** Chris Schulte

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Wednesdays, 1-3:30pm, April 1 – May 6

WESTWOOD: Extension Gayley Center, Room 119B

Tai Chi: The Art of Effortless Movement

Recent research shows that tai chi offers many health benefits, especially for seniors. These benefits accrue from living and moving in accord with tai chi principles. Through understanding the orienting contexts of presence, inner awareness, relaxation, and elasticity, we explore how these principles may transform and integrate spirit, mind, inner being, and the body. By understanding and applying tai chi, we can alleviate stress, develop peace of mind, encourage emotional well-being, and increase our energy, as well as enhance bodily strength, balance, and efficiency. Each week, we begin with a new tai chi principle, followed by a one-hour guided practice, and close with reflection and questions. Note: you will be asked to sign a waiver before participation.

REG# 372563 | **INSTRUCTOR:** Bob Tajima

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 1-2:30pm, April 1 – May 20

WESTWOOD: Extension Gayley Center, Room 112

Beginning Gentle Yoga

This is a slow meditative course intended for those with little or no experience, or with physical limitations. We integrate awareness of the breath with gentle movement to facilitate a feeling of wholeness, well-being, and joy. Mats are required unless you elect to use a chair instead of a mat. Note: you will be asked to sign a waiver before participation.

REG# 372564 | **INSTRUCTOR:** Mona Wells

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 10 Wednesdays, 1-2:30pm, April 1 – June 10 (No meeting May 13)

WESTWOOD: Extension Gayley Center, Room 119

Advanced Mah-Jongg

Advanced Mah-Jongg is designed for players who want to sharpen their skills and play with other advanced players. An instructor is present to provide guidance only when needed. You will need to order the 2020 Mah-Jongg card from the National Mah-Jongg League at: www.nationalmahjonggleague.org. The large card for \$9 is preferred. Please visit osher.uclaextension.edu/mj to find out what the requirements and pre-requisites are for each level.

REG# 372565 | **INSTRUCTOR:** Sheila Strober

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 7 Thursdays, 1-3pm, April 2 – May 21 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 119A

REG# 372567 | **INSTRUCTOR:** Sheila Strober

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 7 Thursdays, 3:30-5:30pm, April 2 – May 21 (no meeting April 9)

WESTWOOD: Extension Gayley Center, Room 119A

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971, ext. 601.



iPhone Photography Workshop: Creating Works of Art

Use your iPhone to create artistic photos. In this course, we review how to take an in-focus, well-exposed picture and how to crop and edit it. We work with elements of composition, color, and lighting so your photo has impact. We discuss different apps to give your photos uniqueness and a type of artistry. Posing, photo books, matting, and displaying your photos will also be discussed. This is an interactive class; each week you are given an assignment which is critiqued the following week.

REG# 372569 | **INSTRUCTOR:** Ellen Demsky

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 1-3pm, April 2 – May 14 (no meeting April 9)

WOODLAND HILLS: Extension Warner Center, Suite 200, Room TBD

Intermediate Yoga

This is a nurturing Hatha flow course intended for those with foundational experience practicing yoga. Meditation and yoga nidra will be integrated into our practice to enhance relaxation, renewal, and connecting to our true nature. Mats are required. Note: you will be asked to sign a waiver before participation.

REG# 372580 | **INSTRUCTOR:** Mona Wells

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 9 Thursdays, 6:30-8:00pm, April 2 – June 11 (no meetings April 9 & May 14)

WESTWOOD: Extension Gayley Center, Room 119

Lawn Bowling Fun in Beautiful Holmby Park

The Holmby Park Lawn Bowling Club and OLLI have teamed up to host an introductory course in Lawn Bowling, a low impact sport endorsed by the American Heart Association. This course takes place in beautiful Holmby Park, next to the L.A. Country Club. Veteran bowlers provide instruction on the greens, supplemented by written and audio-visual materials. Coffee, tea, and refreshments will be available. Dress is casual, but, please wear smooth-soled shoes without heels (such as tennis or deck shoes) to protect the greens. Note: you will be asked to sign a waiver before participation.

REG# 372462 | **INSTRUCTORS:** Lawn Bowling Staff

FREE: FREE for Osher members and their guests

DATE/TIME: 4 Saturdays, 10:30am-12pm, April 4-25

WESTWOOD: Holmby Hills Park, 646 Comstock Avenue, Holmby Hills 90024

OLLI at UCLA Giving

SUPPORT THE OLLI PROGRAM WITH A GIFT TODAY.

Thank you to all the donors and friends of the Osher Lifelong Learning Institute at UCLA, without whom the OLLI program would not be possible. We extend our sincerest thanks and appreciation for your continued support.

OLLI at UCLA depends on private contributions from caring individuals like you to keep our program running and thriving. Your investment in OLLI at UCLA ensures that our high quality courses continue to enrich the lives of adults throughout Los Angeles. Your gift plays a critical role in helping OLLI at UCLA be financially sustainable so that we can serve a greater number of members.

As we prepare for the future, we rely on individual donations from members and non-members who believe in the transformative work of lifelong learning. You can help support the continuation and growth of the OLLI at UCLA program by making a tax-deductible donation of any size to our scholarship fund or support fund.

OLLI Scholarship Fund

The OLLI at UCLA scholarship program launched in summer 2019, and provides members who demonstrate financial need and a commitment to lifelong learning a free year of Plus OLLI membership. A donation to the OLLI scholarship fund means we can award a greater number of scholarships every quarter.

To learn more about the scholarship program, please email osher@uclaextension.edu. Visit osher.uclaextension.edu/join to download a copy of the scholarship application.

OLLI Support Fund

The OLLI support fund helps cover the cost of our self-supporting program. Membership dues and course fees only cover a percentage of program costs. A donation to the OLLI support fund ensures that we can continue to provide excellence in programming, instruction, and service.

To learn how to make your gift or for more information about donating to the OLLI program, please visit osher.uclaextension.edu/donate or call the UCLA Extension Office of Development at (310) 206-5255. If you are giving by check, please make the check payable to the UCLA Foundation and designate which fund in the memo section.

Instructors

SPRING 2020 SCHEDULE

Steve Barri, composer; lyricist; producer of many hit records; former vice president of ABC Dunhill, Warner Bros., and Motown Records.

Emilia Chuquin, PhD, Spanish, UNM, Albuquerque, UCLA Extension Spanish instructor

Deborah Beth Cohen, PhD in Culture and Performance, UCLA; MA in Culture and Performance, UCLA. Scholar, artist, and designer with BArch from The Southern California Institute of Architecture SCI-Arc. She has been an educator at the Museum of Contemporary Art Los Angeles (MOCA) for 21 years.

Patrick Collins, former jazz DJ and television producer by vocation and jazz fan by avocation. An active part of the Los Angeles jazz scene since the '70s, Mr. Collins has served as the chairman and a board member of the nonprofit L.A.-based Jazz Bakery, as well as a member of The Friends of Jazz at UCLA.

Carlo Coppola, MA, PhD, University of Chicago; culinary instructor, and food writer; has taught Middle Eastern and South Asian Studies for decades. A former research scholar at the distinguished Aligarh Muslim University in India, he is the co-founder and editor of the *Journal of South Asian Literature*, and the author of *Urdu Poetry, 1935–1970*.

Vincent Coppola, PhD in Philosophy, Pontifical Gregorian University; MFA in Film and Theater Arts, UCLA.

Ellen Demsky, award-winning, event and portrait photographer in the Los Angeles area. She has taught digital photography for 15 years at the Learning Tree University, Pierce College (Oasis program), and privately.

Maxwell D. Epstein, Dean Emeritus, International Students and Scholars, UCLA

Brandon French, PhDs in English and Psychoanalysis; he has been an assistant professor of English at Yale, a published film scholar, playwright and screenwriter, director of development at Columbia Pictures Television, and an award-winning advertising copywriter and creative director, and a psychoanalyst in private practice.

Ruth Anne Gooley, PhD in French Language and Literature, UCLA

Myrna Hant, PhD, research scholar, Center for the Study of Women, UCLA, who has researched popular culture and mature adults in the media

Phyllis Herman, PhD, chair, Department of Religious Studies, CSU Northridge

Jeffrey Hutter, PhD, psychologist in private practice; consultant and teacher of psychotherapy, Integrative Meditation, and mindfulness training. For more than 40 years, he taught UCLA Extension's longest-running series of courses integrating Buddhist and Western approaches to personal development.

Jeffrey Janis, MBA in Non-Profit Management at George Washington University; UCLA Peace Corps Campus Recruiter. At the age of 44, he became a Peace Corp Volunteer working with nonprofits in Ukraine. He is an avid traveler and has been to more than 50 countries.

Max Keller, BA in film studies, UC Berkeley. An avid Beatles fan and researcher, Mr. Keller has taught this course for credit at UC Berkeley.

Keith Klein, MD, FACP, FASN who is a professor of Medicine at Cedars-Sinai Medical Center and Clinical Professor at UCLA School of Medicine and is a practicing Nephrologist for over 40 years. He has extensive experience in both study and raising two timberwolves.

Leonard Koff, PhD, UC Berkeley; associate, UCLA Center for Medieval and Renaissance Studies.

Luc LeFrancois, MA, Political Science with a focus in Global Comparative Politics at California State University Northridge

Marganit Lish, CSLA; Life Teaching Credential, CSUN; MAT in Education, University of Judaism.

Jessica Marino, MA in History, CSUN; adjunct History professor at Santa Monica College and Moorpark College.

Sam Mihara, MS in Engineering, UCLA; retired rocket scientist, The Boeing Co.; author and lecturer who speaks about mass imprisonment and his experience as a Japanese American imprisoned in Wyoming during WWII. He was awarded the prestigious Paul A. Gagnon Prize as history educator of the year in 2018.

Warren Mullisen, L.A. Marathon Legacy Runner who has completed over 75 marathons since 1972.

Konstantinos (Duncan) Palamourdas, PhD, Mathematical Logic, UCLA

Anahit Rostomyan, MMus in Organ Performance, MA in Musicology. In addition to pursuing dual DMA and PhD degrees in these two fields of study at UCLA, she is an avid performer of period keyboard instruments.

Jason Root, MS in Biomedical Diagnostics, Arizona State University; BS in Kinesiology, Arizona State University; Certified Strength and Conditioning Specialist. He is the author of *The Athlete's Rx to Chronic Condition Management and RootHealth: Foundational Mobility and Stabilization Training*.

Ryan Isao Rowen, PhD in Musicology; lecturer in Musicology, UCLA and Chapman University.

Sara Ann Schuchert, MA, applied linguist specializing in social communication, neurobiology, and autism. She offers individual and family therapy, job training for young adults with developmental differences, and is involved in ongoing research on autism in South Asia.

Chris Schulte, MFA in Acting; recipient, UCLA Extension Distinguished Instructor Award, 2008

Steve Sohmer, PhD; Dr. Sohmer has been a student of the Holocaust for the past 17 years. His research has taken him to Nuremberg, Berlin, Dachau, Auschwitz, Ravensbruck, Bergen-Belsen, Buchenwald, and the Deutsche Kinemathek.

Audrey Stein, EdD, member of the International Documentary Association (IDA), award-winning photographer

Sheila Strober, MEd, retired middle school science teacher; has played mah-jongg and participated in mah-jongg tournaments for 20 years.

Bob Tajima, practitioner of tai chi since 1978 and instructor since 1998. He started his studies with Tung Kai-ying, continued with and was certified to teach by Bruce Frantzis, and currently studies with Yan Yuan-hua and Ho Nan-jie. Mr. Tajima's practice of tai chi has also been informed by 20 years on staff studying and practicing Tibetan Buddhism at Chagdud Gonpa Rigdzin Ling Retreat Center.

Lee Scott Theisen, PhD, American History, Latin American History and Art at University of Arizona. He has taught history, film and food culture, and lectured widely on chocolate. He is a baker, chef, and world traveler.

Susan McMillen Villar, PhD in Hispanic and Luso Literatures, Languages Cultures and Linguistics; retired director of Spanish and Portuguese Language Instruction, University of Minnesota Twin Cities.

Mona Wells, Hatha Yoga teacher in Los Angeles and New York for more than 15 years

Gordon Williams, writer and speaker on music with more than 30 years of experience. A librettist, his work has been staged at the Sydney Opera House and recorded on ABC Classics. He has also been a pre-concert speaker in his native Australia and produced radio-documentaries for national broadcast.

Dylan Wright, BS from Northeastern; DD from ULC.

Katherine E. Zoraster, MA, adjunct professor of Art History at Moorpark College, CSU Northridge and the Los Angeles Academy of Figurative Arts

General Information & Policies

OLLI membership is required to enroll in courses.

- > Guests must receive permission to attend classes. Call the OLLI office at **(310) 206-2693** or email osher@uclaextension.edu to request a one-class guest pass at least 24 hours in advance. Some classes are unable to accommodate guests.
- > Auditing is not allowed.
- > Membership is not transferable to a family member or friend.
- > UCLA Extension's Senior Citizen Discount does not apply to OLLI courses or OLLI membership.
- > Many OLLI courses have limited enrollment, so early enrollment is advised.
- > Students must be age 50 or greater to become OLLI members.

OLLI Scholarship Program

OLLI at UCLA offers a limited amount of scholarships each year to current and prospective members who demonstrate financial need. Please visit osher.uclaextension.edu/join to download a scholarship application.

Refund Policy

Refund requests will be accepted through the close of business on the final refund date, which is printed on your enrollment receipt. A \$30 administrative fee is withheld from each refund request. OLLI membership dues are nonrefundable and nontransferable. Taste of Osher course fees are non-refundable.

To request a refund:

Phone: (310) 825-9971, ext. 601

Fax: (310) 206-3223

Email: refunds@uclaextension.edu

Mail to: UCLA Extension,

P.O. Box 24901,

Los Angeles, CA 90024-0901

For mailed requests, the envelope must be postmarked on or before the final refund date. Please allow two weeks for refund checks and one week for credit card vouchers.

Parking Options

In Westwood, a variety of public parking lots and metered parking is available throughout the village. In Woodland Hills, please park in the Tower III garage for UCLA Extension on Owensmouth Ave. Please expect daily parking costs to range from \$5-\$12 depending on time and day. Visit uclaextension.edu/osher for more detailed parking information.

Mass Transit Information

For detailed information on bus service to Westwood Village, visit metro.net, bigbluebus.com, or culvercity.org.

In accordance with UCLA Extension policy, service dogs will need to be registered with UCLA Extension's Services for Students with Disabilities Office. You are allowed to attend your first class meeting with your service dog, but will not be able to attend any future meetings until you are registered with the UCLA Extension Disabilities Office.

Under ADA Revised Requirements of September 2010, only dogs can serve as service animals. Further, a service animal is a dog that is trained to perform special tasks for a person with a disability. They are working animals, not pets. A dog whose sole function is to provide comfort or emotional support will not qualify as a service animal under the ADA.

Please contact Pam Head, the coordinator of Services for Students with Disabilities Office, at (310) 825-0183 to begin and complete the process to have your service dog registered.

UCLA



UCLA Extension is the continuing education division of the University of California at Los Angeles (UCLA). We offer courses evenings and weekends in Westwood and Downtown L.A., plus online classes available around the globe. Courses range from business, arts, engineering, and IT, to entertainment studies, public policy, public health, the humanities, and more. Explore UCLA Extension at uclaextension.edu.

The Bernard Osher Foundation

With an endowment from the Bernard Osher Foundation, UCLA Extension joins universities across the United States at the forefront of a national initiative to provide learning opportunities to serve the intellectual and cultural needs of older adults.

OLLI Membership & Enrollment Form

SPRING 2020

Joining OLLI is easy. Choose one of the options below.

1. OLLI Basic Membership: Basic members enroll at regular course fees.
2. OLLI Plus Membership: Plus members enroll at significantly reduced course fees.

To Enroll

Online: uclaextension.edu/osher **By Phone:** (310) 825-9971

By Mail: UCLA Extension, Dept. K, Box 24901, Los Angeles, CA 90024-0901

SSN* _____ Gender Male Female

Name _____

Mailing Address _____

Daytime Phone Number _____ Birth Date (mo/day/yr)** _____

Email Address _____

COURSE TITLE	REG #	FEE	TOTAL
<input type="checkbox"/> Discount Code EARLY (Basic Members Only) Get 5% off. †			
<input type="checkbox"/> OLLI Basic Membership (lasts 1 year)		\$50	
<input type="checkbox"/> OLLI Plus Membership (lasts 1 year)		\$295	
		TOTAL DUE	\$

CHECK enclosed payable to: The Regents of UC

Note: There is a \$30 charge for returned checks. A \$30 administrative fee is withheld from each course for which you request a refund unless the course is canceled, discontinued, rescheduled, or has a special refund policy. Memberships are nonrefundable.

Charge **American Express** **Discover** **MasterCard** **VISA** **JCB**

Account Number _____ Expiration Date (mo/yr) _____

Authorizing Signature _____

Billing Address if Different from Above _____

Name As It Appears on Card _____

*Your Social Security number (SSN) is required by federal law to enable filing of information returns to the Internal Revenue Service (IRS). If you do not choose to provide us with your Social Security number, you will be permitted to enroll; however, UCLA Extension will not be able to provide the IRS with evidence of fee payment that might entitle you to tax credits available under the Taxpayer Relief Act of 1997.

**You must be 50 years or above to join OLLI. UCLA Extension's Senior Citizen Discount does not apply to OLLI courses or membership. Date of birth is used to verify eligibility.

In accordance with applicable federal laws and University policy, the University of California does not discriminate in any of its policies, procedures, or practices on the basis of race, color, national origin, sex, sexual orientation, age, or disability. Inquiries regarding the University's equal opportunity policies may be directed to Office of Registrar, UCLA Extension, Dept. K, Box 24901, Los Angeles, CA 90024-0901; Voice/TDD: (310) 825-8845. For information on services for students with disabilities, or questions about accessibility, please call (310) 825-7851 (voice or TTY). ♿

† Discount code available on most classes at least 30 days before course start date.

UCLA



Presents

UCLA's Center for the Art of Performance



UCLA's Center for the Art of Performance (CAP UCLA) is dedicated to the advancement of the contemporary performing arts in all disciplines—dance, music, spoken word and theater, as well as the emerging digital, collaborative and cross-platforms utilized by today's leading artists. As an influential voice within the local, national and international arts community, CAP UCLA is also where cultural expression and artistic exploration can thrive, and where audiences can have fun and experience the artists of the stage that connect us to new ways of seeing and better understanding the world we live in now.

CAP UCLA provides shuttles for ticketholders from UCLA Parking Lot 2 to Royce Hall so you don't have to worry about the walk to and from your car!

For tickets call 310-825-2101 or go online at cap.ucla.edu

Special Offers for OLLI Members:

Every quarter, three CAP events will be featured in our brochure. All OLLI members will receive a **25% discount** on these performances with promotion code **OLLI25**.



FLY HIGHER: CHARLIE PARKER AT 100

Featuring Rudresh Mahanthappa,
Terri Lynde Carrington,
Charenee Wade, Adam O'Farrill,
Kris Davis, Larry Grenadier &
Kassa Overall

Thu, Mar 26 | Royce Hall, UCLA

This evening celebrates the centenary of one of the most innovative and influential artists in modern musical history, but rather than imitating the original, it will explore new perspectives on Parker's signature style.



JENNIFER KOH & DAVÓNE TINES

Everything That Rises Must Converge
Fri, Apr 17 | Royce Hall, UCLA

This project was born from the shared desire of its co-creators to understand themselves as the children and descendants of refugees and slaves. By juxtaposing their personal family histories and examining how they influenced their artistry and development as classical musicians, Koh and Tines reveal a universal history shared by immigrants and minority Americans.

USE OFFER CODE **OLLI25 AND GET
25% OFF ALL SEASON LONG!**



ANTHONY DE MARE

*Liaisons 2020: Re-imagining Sondheim
From The Piano*

Sat, Apr 25 | Royce Hall, UCLA

Celebrated pianist and genre-busting new music champion Anthony de Mare pays tribute to the musical genius of Stephen Sondheim with ten new commissions of Sondheim songs, re-imagined for piano by some of today's leading composers, including the likes of Steve Reich, Nico Muhly, Fred Hersch, Mason Bates, Thomas Newman and many more.



Osher Lifelong Learning Institute (OLLI) at UCLA

All OLLI Members Enjoy:

- Invitations to unique programs and activities within the OLLI community
- Access to award-winning instructors and compelling courses
- Connection with OLLIs across the nation
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Renew or join OLLI today!

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