

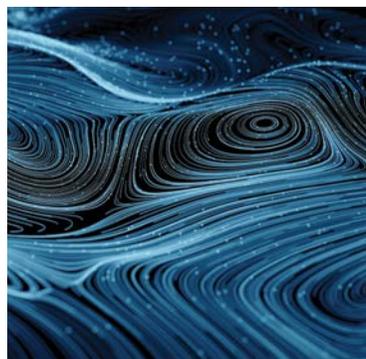
UCLA

OSHER
LIFELONG
LEARNING
INSTITUTE



Fall 2019

Schedule of Courses & Events





Onion
Watercolor on paper
Robin Miller, OLLI member since 2018

Calling All OLLI Artists!

All current OLLI members are invited to submit their original artwork for a chance to be featured in our next brochure. Please drop off submissions in person at the OLLI office or send a high-quality image to osher@uclaextension.edu. Make sure to include the title of your piece, your full name, and contact information.

Osher Lifelong Learning Institute (OLLI) at UCLA

No tests. No grades.
Just learning for the sheer joy of learning.

Renew or join OLLI at UCLA today!

OLLI at UCLA membership begins the quarter you join and lasts for one full year. As a member, you have access to formal lectures, discussion groups, interest groups, foreign language, creativity, and movement courses. You must be at least 50 years old to join. There are two tiers of membership, both of which give you access to all OLLI at UCLA courses, events, volunteer opportunities, a selection of courses at our satellite site in Woodland Hills, and the exclusive OLLI lounge at our main campus in Westwood:

Basic Membership – \$50

Basic members enroll at regular course fees.

Plus Membership – \$295

Plus members enroll at significantly reduced course fees.

You will be prompted to purchase a membership when you enroll in an OLLI course. You can enroll online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

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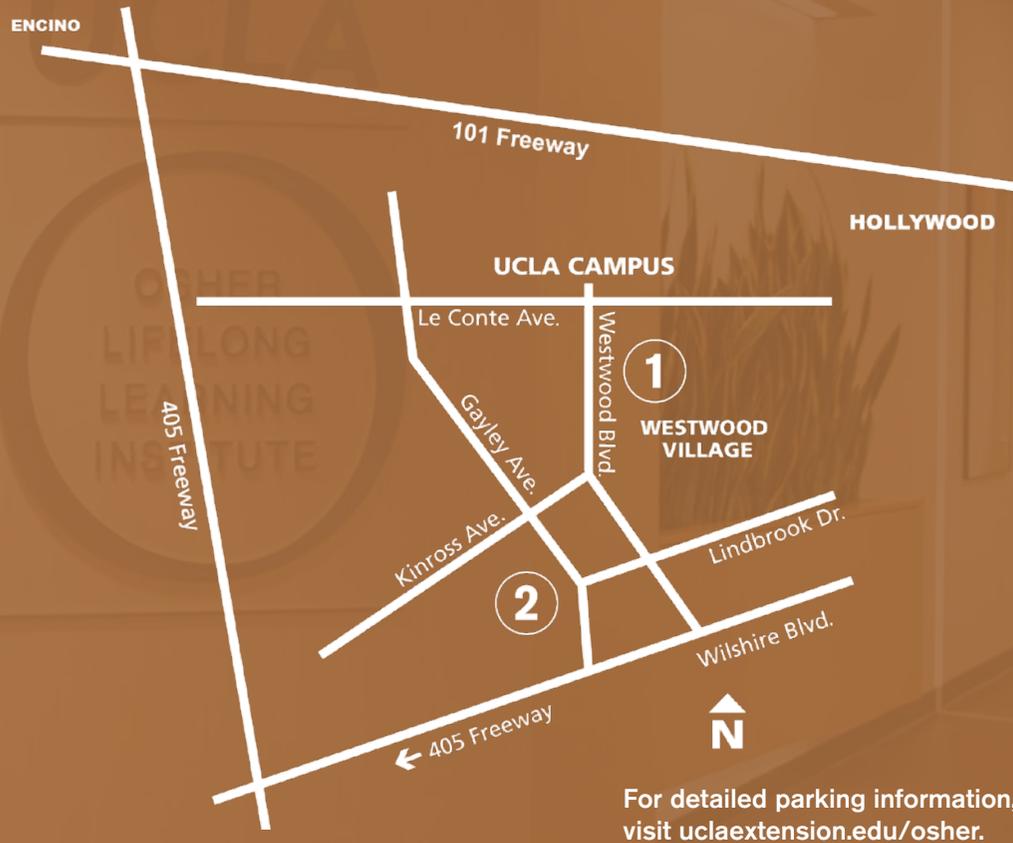
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COURSE LOCATIONS



For detailed parking information,
visit uclaextension.edu/osher.



1 WESTWOOD CAMPUS
UCLA EXTENSION
1010 WESTWOOD CENTER
1010 Westwood Boulevard

2 UCLA EXTENSION
GAYLEY CENTER
1145 Gayley Avenue

3 WOODLAND HILLS CAMPUS
THE WARNER CENTER
TOWER III (AIG)
21650 Oxnard St., Suite 200
Woodland Hills, CA

Taste of Osher

These two-hour lectures are open to the public. Fee is \$15. Plus members pay no additional fee.

See exceptions where course fees are specified. No refunds allowed.

Audrey's DocuTalk: *Hillbilly* {New Course}

Co-directors Sally Rubin and Ashley York have brought us an award-winning film that looks at how cultural stereotypes shape political and economic policy and deform the self-image of the people being stereotyped (Best Documentary at the 2018 LA Film Festival and an official selection at DOC NYC). *Hillbilly* goes on a personal and political journey into the heart of the Appalachian coalfields, exploring the role of media representation in the creation of the iconic American hillbilly, and examines the social, cultural, and political underpinnings of this infamous stereotype. Sally Rubin earned her MA in Documentary Film and Video from Stanford University and has been making documentary films for the past 15 years. She is now an L.A.-based filmmaker and editor, and full-time documentary professor at Chapman University. Ashley York grew up in Appalachia and co-directed the film with Sally.

REG# 369372 | **INSTRUCTOR:** Audrey Stein

FEE: \$15 for all members and non-members

DATE/TIME: Friday, 1-4pm, October 4

WESTWOOD: Extension Gayley Center, Room 114

All About Elephants: Majestic Beasts and Conservation Crisis {New Course}

Take a voyage to the African savannah as we explore the secret lives of the world's largest land mammal, the African elephant. Although most often recognized for their impressive size, in this lecture you learn that elephants are also among the most intelligent animals on the planet, exhibit fascinating behaviors, and live in highly complex societies. However, elephants are experiencing unprecedented declines throughout their range. In this course we also explore the nature of this conservation crisis, the key causes of elephant declines, and potential solutions.

REG# 368861 | **INSTRUCTOR:** Graeme Gissing

DATE/TIME: Saturday, 10am-12pm, October 5

WESTWOOD: Extension Gayley Center, Room 114

The History of the Tarot {New Course}

In this course, we dive into the exciting world of the Tarot, specifically the 1910 Rider-Waite deck. In the first hour, we discuss the history of the deck. We also touch upon the deck's larger place in connection to the Order of the Golden Dawn, an organization devoted to the study and practice of the occult, metaphysics, and paranormal activities during the late 19th and early 20th centuries. The second hour is devoted to using the cards. Students learn a few popular card spreads, gain a broad overview of the major and minor arcana, and practice a few card interpretations. Students can bring their own Rider-Waite cards to practice by following along if they wish.

REG# 369340 | **INSTRUCTOR:** Sarah Sussman

DATE/TIME: Saturday, 10am-12pm, October 19

WESTWOOD: Extension Gayley Center, Room 119

Presumed Guilty: Wrongfully Convicted of Murder {New Course}

Imagine being sentenced to life in prison for a crime you knew nothing about. Join Nick O'Connell and his father Frank O'Connell as they share how Frank was wrongfully convicted of a 1984 Pasadena murder. After 27 years behind bars, Frank was exonerated and freed in 2012, making him one of the more than 2,400 nationally recognized exonerees. Their story is unique, but the systemic flaws that contribute to miscarriages of justice are common across the country. This course examines Frank's case and provides an overview of the proven causes and potential remedies for wrongful convictions in America.

REG# 369989 | **INSTRUCTOR:** Nicholas O'Connell

DATE/TIME: Saturday, 10am-12pm, November 2

WESTWOOD: Extension Gayley Center, Room 119

Let's Talk Chocolate: Tasting and Buying {New Course}

As the world's most craved food, chocolate makes an ideal holiday gift. In this course we learn how to make sophisticated choices. We do that by first learning how to taste American and international artisanal chocolate from dark milk to dark chocolate (and a filled chocolate). We discuss how a particular cacao's origin and production affect a bar's flavor. We also talk with a chocolate maker, as well as identify area chocolate makers and their websites, and some shops with large selections of bean to bar chocolates.

REG# 369343 | **INSTRUCTOR:** Lee Scott Theisen

DATE/TIME: Saturday, 10am-12pm, December 7

WESTWOOD: Extension Gayley Center, Room 119

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

Lecture Courses

FALL 2019 SCHEDULE

OLLI membership is required to enroll in these courses.

For more information, see page 30 (General Information & Policies page) or visit uclaextension.edu/osher.

Lecture courses are taught by the high-caliber instructors and guest speakers for which UCLA is world-renowned. These courses are instructor-led and may include readings.

How Chocolate Conquered the World: 5000 Years of History, Science, and Economics {New Course}

This course surveys the history of chocolate from its origins in the Upper Amazon and Mesoamerica to its impact on the world today. The story of chocolate includes the effects of this first mind altering substances encountered by Westerners and why it is referred to as "the love drug." It began as a drink, then became a food beginning in the 19th century when cocoa powder, the chocolate bar and milk chocolate were developed. Moving into the modern period, we trace how its consumption increased due to higher wages for the laboring class, the temperance movement, marketing and advertising, better methods of transportation and communication, giant chocolate companies, candy bars, army rations and new tastes. Chocolate has even influenced art, music, literature, and cinema; and in the twenty first century became the world's most craved food. Be prepared to taste international and American artisanal chocolate in each class. In addition, we talk with chocolate makers or chocolatiers through Skype, and at least one area chocolate maker will come to class to talk about the business and provide a chocolate tasting of their product.

REG# 368870 | **INSTRUCTOR:** Lee Scott Theisen

BASIC MEMBER FEE: \$105 | **PLUS MEMBER FEE:** \$31

DATE/TIME: 5 Mondays, 10am-12pm, September 23-October 28 (no meeting Sep. 30)

WESTWOOD: Extension Gayley Center, Room 119A



Women's Rights: Islamic Law and Iran, Part 2 {New Course}

The experiences of Muslim women vary widely among and within different countries, even Islamic countries. In this course, we discuss the current status of women's rights in Iran from different angles: human rights, political rights, criminal rights, and family law. Furthermore, the reality of Iran will be compared against the applicable law.

REG# 369065 | **INSTRUCTOR:** Mansour Jafarian

BASIC MEMBER FEE: \$100 | **PLUS MEMBER FEE:** \$30

DATE/TIME: 4 Mondays, 1-3pm, September 23-October 21 (no meeting Sep. 30)

WOODLAND HILLS: Extension Warner Center, Suite 200

World War II Movies of the 1940s {New Course}

Come join us as we watch movies about World War II made during and after the war. These movies provide "in the moment" perspectives on the momentous events of this pivotal war that cut into the middle of the 20th century. Movies include: Lewis Milestone's *A Walk in the Sun*; William Wellman's *Battleground*; Darryl F. Zanuck's *Twelve O'clock High*; John Ford's *They Were Expendable*; Roberto Rossellini's *Rome, Open City*; and Billy Wilder's *Stalag 17*.

REG# 369377 | **INSTRUCTOR:** Maria Siciliano

BASIC MEMBER FEE: \$130 | **PLUS MEMBER FEE:** \$39

DATE/TIME: 6 Mondays, 1-3:30pm, September 23-November 4 (no meeting Sep. 30)

WESTWOOD: Extension Gayley Center, Room 114

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

Latest Cooking Tools and Techniques, and the Science Behind Them

Due to rapid technological advancement of the last 20-30 years, an amazing array of new revolutionary tools and techniques have been created which simplify previously complex and laborious processes in the home kitchen. Dishes that just a few decades ago were only available to Michelin-rated chefs are now easily within the reach of ordinary home cooks, if only they are shown the way. We discuss, for example, modern cooking, the latest ovens, knives, pots & pans, and of course the wonderful new world of thermal immersion circulators, better known as sous-vide cooking. This course introduces these tools, the chemistry and physics behind them, and how they can open up whole new worlds of cooking never imagined before. Suggested book: *On Food and Cooking: The Science and Lore of the Kitchen*, by Harold McGee.

REG# 368771 | **INSTRUCTOR:** Chahriar Assad

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Mondays, 6:30-8:30pm, September 23-November 25
(no meetings Sep. 30 & Nov. 11)

WESTWOOD: Extension Gayley Center, Room 119B

Beyond the Headlines

Pulled from today's headlines, this speaker series offers in-depth analysis of significant contemporary issues. Each week, an expert from the political, social, technological, or economic spectrum focuses on a major global, national, or local issue, thus highlighting the most striking and pertinent news today. Please note that registration begins Friday, November 2 for this course only.

This course is extremely popular and tends to fill up on the first day of enrollment.

REG# 368754 | **INSTRUCTOR:** Maxwell D. Epstein

FEE: \$165 for all members

DATE/TIME: 8 Tuesdays, 10:30am-12pm, September 24-November 19 (no meeting October 1)

WESTWOOD: Extension Gayley Center, Room 121



Animal Behavior {New Course}

Animal Behavior is a science aimed at understanding the fascinating behaviors exhibited by both wild and domesticated animals. In this course, we explore the amazing range and complexity of behaviors that animals use to survive, reproduce, and meet their daily challenges. Through the exploration of scientific research, we cover key topics including animal learning, communication, memory, navigation, and cooperation in animal societies. If you have ever wondered how an ant finds its way home or how a bird learns its song, this is the course for you. No previous science background is required, just curiosity about why animals behave the way that they do.

REG# 369356 | **INSTRUCTOR:** Graeme Gissing

BASIC MEMBER FEE: \$100 | **PLUS MEMBER FEE:** \$30

DATE/TIME: 4 Tuesdays, 1-3pm, September 24-October 15

WESTWOOD: Extension Gayley Center, Room 114

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.



The Pre-Raphaelites and the Art of the Victorian Age {New Course}

Ushered in with the reign of Queen Victoria in 1837, the Victorian Age in Britain was a time of extreme dichotomies. With the onset of the Industrial Revolution, England was at the forefront of industrialization and technological advancement. But that prosperity and advancement was countered by the rise of poverty and concerns for social welfare. There was also a growing sense of modernization and independence which was hindered by an oppressive sense of morality and properness. In this course, we look at a small group of revolutionary artists who fought against the conservative nature of both the British Academy and their time period. These Pre-Raphaelites strove to realistically depict their contemporary time period while also railing against the restrictions of their time. Their works shot them to fame and opened up the art world to more variety and individuality in the arts. We also explore the environment that instigated the revolution of the Pre-Raphaelite Brotherhood and encouraged their followers.

REG# 369323 | **INSTRUCTOR:** Katherine E. Zoraster

DATE/TIME: 5 Tuesdays, 1-3:30pm, September 24-October 29 (no meeting Oct. 15)

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

WOODLAND HILLS: Extension Warner Center, Suite 200

Five Major Modern Muslim Women Writers {New Course}

An inquiry into the writings of five diverse modern Muslim women writers deal with conflict between tradition and modernity, freedom and confinement, religion and secularism; as well as rebellion against the status quo, loss, alienation, the use and abuse of power in a relationship, and hidden lesbianism. Nawal El Saadawi's *A Woman at Point Zero* and Hanan Al-Shaykh's *Women of Sand and Myrrh* caused major literary controversies when published. Simin Daneshvar, a major literary figure in modern Persian literature, is the author of *Savashun*, the first novel written by a woman in Persian. Elif Shafakis, author of *The Architect's Apprentice*, has received high praise in the *New York Times* and is the most famous woman writing novels in Turkey today; Mohja Kahfi was born in Syria but raised in the U.S. and her book, *The Girl in the Tangerine Scarf*, deals with a Muslim immigrant family's adjustment to living in the Midwest. Suggested readings include the five books listed. Following the last day of class, there will be a field trip to a restaurant for lunch to continue discussions and network.

REG# 369379 | **INSTRUCTOR:** Carlo Coppola

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 10am-12pm, September 25-November 20 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 121B

Current Events in Climate Change: Implications for Our Climate and Energy Future {New Course}

Climate change is all over the news these days: the Green New Deal, the 2018 IPCC Special Report on Global Warming of 1.5°C, the fourth U.S. National Climate Assessment of 2017 and 2018, and California Senate Bill 100, now law, which requires the state to rely on zero-carbon and renewable electricity by 2045. Whole issues of news magazines are dedicated to climate change, as well as endless related print and broadcast stories. Still, many readers don't know what to make of all the sometimes-conflicting information. In this course, we discuss selected recent articles from all sources on the science, technology, economics, policy, and politics of these subjects. We use these discussions to review basic concepts, sharpen our skills at determining fact from fiction, and maintain up-to-date awareness of what is going on locally, nationally, and worldwide. Suggestions from participants for topics and articles are encouraged.

REG# 369223 | **INSTRUCTOR:** Thomas Flood

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Wednesdays, 10am-12pm, September 25-November 6 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 119A

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.



An Introduction to the United Nations, Part 2 {New Course}

The United Nations (UN) was established on the ashes of the Second World War “to save succeeding generations from the scourge of war.” The main goal of the UN, as the most comprehensive international organization, is to maintain “international peace and security,” though other roles have been gradually assigned to the UN. In this course, we discuss whether the UN responds effectively to crises or has become gradually marginalized. Topics include the function of the UN, its effectiveness, and the possibility of amendment, and revision of the Charter of the UN.

REG# 369080 | **INSTRUCTOR:** Mansour Jafarian

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Wednesdays, 1-3pm, September 25-November 6 (no meeting Oct. 9)

WOODLAND HILLS: Extension Warner Center, Suite 200

Cosmology, Astronomy, and Space Exploration in the News

Due to advances in technology, what we thought we knew about the fundamentals of cosmology, astronomy and space exploration is evolving almost daily. In this course, we explore the latest concepts, news, and discoveries regarding multiverses, gravitational waves, black holes, neutron stars, exoplanets, and the beginning of our universe. We also follow the progress of NASA’s and ESA’s missions to the moon, Mars, and Europa—Jupiter’s ice-covered moon, and much more.

REG# 369373 | **INSTRUCTOR:** Dominique Butler

BASIC MEMBER FEE: \$100 | **PLUS MEMBER FEE:** \$30

DATE/TIME: 4 Wednesdays, 1-3pm, Sep. 25-Oct. 23 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 114

American Art Museums and Collectors

The United States is home to some of the best art collections and some of the most interesting and eclectic art collectors in the world. This course crosses the country looking for the foundation of some of America’s more notable art museums and how they came to be. We begin with the Pennsylvania Academy of Fine Arts, founded in 1805 as the first and oldest art museum and school in the country. We then visit other notable museums such as the Frick Collection, the Barnes Collection, The Solomon R. Guggenheim Museum, the Art Institute of Chicago, and the Isabella Stewart Gardner Museum. We explore the colorful personalities responsible for the collections, the architecture of the museums, the art held within and favored by each collector, and the issues surrounding collecting and display from each period covered.

REG# 369278 | **INSTRUCTOR:** Katherine E. Zoraster

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Thursdays, 10-12pm, September 26-October 31

WESTWOOD: Extension Gayley Center, Room 121DE

2020 Election Preview: From Presidential Candidates to California's Ballot Measure Elections {New Course}

This cycle, California has moved up its primary date from June to March—on Super Tuesday, March 3. Now, California will get a slice of early-state action. In this course, we delve into the fast-approaching 2020 California March primary as well as the November 2020 election choices. We hear from a number of guest speakers: reporters, politicians, political analysts, and public interest representatives.

REG# 368868 | **INSTRUCTOR:** Bob Stern

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Thursdays, 1-3pm, September 26-October 31

WESTWOOD: Extension Gayley Center, Room 121ABC

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

Alternative Media and the Rise of Independent Journalism

{New Course}

Evolving technology has contributed to more open access to knowledge from various political and social platforms, and so has the rise in alternative media on the Internet since its conception. As alternative media has continued to surge since the early 1990s, so has left-right tribalism in this changing information age, which has fostered various debates on the degrees of both free speech and hate speech. Alternative media has subsequently altered the public's consumption and definition of news, in addition to their participation in political discourse, thereby fostering political discourse from all sides of the political aisle. This course analyzes alternative media on the Internet, the framework of free speech and hate speech, the legitimacy of these legitimate yet fragmented venues for information when compared to the mainstream media outlets, and the visible implications of both online and physical political discourse.

REG# 369802 | **INSTRUCTOR:** Luc LeFrancois

DATE/TIME: 6 Thursdays, 1-3pm, September 26-October 31

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

WOODLAND HILLS: Extension Warner Center, Suite 200

The History of Doo Wop {New Course}

From vocal groups in the 1940's like the Mills Bros and the Ink Spots, rhythm and blues, as well as gospel music, developed into a new style of music called doo wop. The use of nonsense syllables sung by background singers, such as shoo bee doo wop bah dah; the use of a falsetto voice above the melody; and a pronounced bass voice, became the basis of this genre. This course traces the development of doo wop beginning in the 1950s with the Ravens and The Spaniels; to Frankie Lymon and the Teenagers, and The Cadillacs; through the late 50's and early 60's with Dion and the Belmonts, the Penguins, and the Skyliners. We also look at influential disc jockeys and record promoters who made these sounds mainstream, sounds which now bring back memories of a time when life was not so complex and the emphasis was on good times, simplicity, and romance.

REG# 369350 | **INSTRUCTOR:** Marv Rosenberg

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Thursdays, 1-3pm, September 26-October 31

WOODLAND HILLS: Extension Warner Center, Suite 200



The Evolving Nature of the Cold War {New Course}

The Cold War is considered a period of political hostility that existed between the Soviet bloc countries and the U.S.-led Western powers from 1945 to 1990. This course examines the Cold War and its international aftermath, decolonization, revolutionary movements, national development across a variety of cases, and trends in the global economy. By observing and analyzing the Cold War from a chronological approach, we explore whether the United States and Russia have ever calmed Cold War intentions.

REG# 369825 | **INSTRUCTOR:** Wesley Graft

DATE/TIME: 7 Thursdays, 4:30-6:30pm, September 26-November 7

BASIC MEMBER FEE: \$125 | **PLUS MEMBER FEE:** \$37

WOODLAND HILLS: Extension Warner Center, Suite 200

The Music of Frederic Chopin {New Course}

Frederic Chopin was a Polish composer and virtuoso pianist of the Romantic era, who wrote primarily for the solo piano. Today, Chopin is ubiquitous in classical music culture and his compositions are universally loved by amateur and professional musicians everywhere. In this course, we focus on Chopin's Nocturnes, Etudes, Preludes, Ballades, Concertos, Mazurkas, and other important pieces, all of which feature the piano. Our primary focus is on musical meaning and finding listening strategies that relate the music to historical, biographical, and artistic contexts of the period.

REG# 369182 | **INSTRUCTOR:** Ryan Isao Rowen

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Fridays, 10am-12pm, September 27-November 15

WESTWOOD: Extension Gayley Center, Room 121ABC

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.



Strange Bedfellows: Film's Finest Odd Couples {New Course}

Neil Simon made a cottage industry of odd couples with a celebrated play, movie, and television series of that name. But our fascination with odd couples who are amusing, serious, and sometimes even deranged, has a vast and celebrated history of its own. Eliminating some wonderful examples such as *Lars and the Real Girl*, *Knocked Up* and *Pretty Woman* with regret, this course screens *Harold and Maude*, *In the Heat of the Night*, *The Big Sick*, *Monsters Ball*, *McCabe and Mrs. Miller*, and the lush classic, *The Way We Were*. Our lively discussions will provide insight into why opposites attract.

REG# 369243 | **INSTRUCTOR:** Brandon French

BASIC MEMBER FEE: \$130 | **PLUS MEMBER FEE:** \$39

DATE/TIME: 6 Fridays, 1-3:30pm, September 27-November 8 (no meeting October 4)

WESTWOOD: Extension Gayley Center, 1145 Gayley Ave., Room 114

Latin American Short Stories

Fiction reveals much about the period in which it is written, and the selection of short stories from Latin America that we read helps us understand the complexity of the world south of us. Literary activity in Latin America moved from the monastic cell, the pulpit, and the viceregal court in the colonial period to cafes, political clubs and newly founded newspapers. Authors from the years of Latin American independence, as well as the contemporary period when Latin American literature continues to have world-wide influence, include Jorge Luis Borges (Argentina), Carlos Fuentes (Mexico), Gabriel Garcia Marquez (Columbia), Mario Vargas Llosa (Peru), and Clarice Lispector (Brazil).

REG# 369618 | **INSTRUCTOR:** Leonard Koff

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Sundays, 12-2pm, October 6-December (no meetings Nov. 10 & Dec. 1)

WESTWOOD: Extension 1010 Westwood Center, Room 320

Evolution of Science, Part 3 {New Course}

We span three centuries to explore the mystery of electricity, from Franklin's kite to Faraday's motor; and from Maxwell's electromagnetic equations to Edison's distribution of electric power, which paved the way for the electronic revolution of the 20th century. Along the way we take a fresh look at Albert Einstein, a deeper look at Alan Turing, and an honest look at Linus Pauling. We recognize more inventions that continue to change our world; and highlight women in science too often overlooked, including Lise Meitner (physics), Barbara McClintock (biology) and Maria Mitchell (astronomy); plus an eye-opening look at the Nobel Prize, the most desired award in science: winners and losers who navigate the politics, prestige, and controversy started by Alfred Nobel over one hundred years ago. No background in science is required; only curiosity, enthusiasm, and a desire to stimulate your mind, as we examine and translate serious ideas into fun and accessible concepts. (Attendance in Part 1 or Part 2 is not necessary.)

REG# 368974 | **INSTRUCTOR:** Marc Olevin

FEE: \$100 | **PLUS MEMBER FEE:** \$30

DATE/TIME: 4 Mondays, 1-3pm, October 28-November 25 (no meeting Nov. 11)

WESTWOOD: Extension Gayley Center, Room 121ABC

The Rise of the Far-Left in American Political Discourse

In recent years, political extremism has been on the rise in the United States as well as globally. This course examines the ideologies of the growing far-left group in both establishment and fringe activist movements, the paradox of personal identity and political power structures in a dynamic digital age, and the implications of the American far-left for the future of elections in the United States.

REG# 369083 | **INSTRUCTOR:** Luc LeFrancois

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Mondays, 1-3pm, October 22-November 26

WESTWOOD: Extension Gayley Center, Room 119B

Journey into the Micro-World

Deep within our everyday world lurks the micro-world of molecules, atoms, and even smaller particles. This nether realm is stranger than the most imaginative science fiction. Yet, its bizarre nature enables our lives and determines the fate of the universe. No visas or math skills required.

REG# 369161 | **INSTRUCTOR:** Robert Piccioni

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Tuesdays, 1-3pm, October 28-December 9 (no meeting Nov. 11)

WOODLAND HILLS: Extension Warner Center, Suite 200

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

The Art of Mindfulness, Part 1 {New Course}

With mindfulness training, it's easier to deal with life's challenges and surprises with a wise and open heart; with less fear, anger and disappointment, and with more joy and satisfaction. Through lectures, meditation instruction and guided visualization, participants are introduced to practical skills that can foster a sense of well-being and improve life quality at any age. Topics include personal, spiritual, and brain development; positive psychology, neuroscience, and mind-body healing; awareness, mindfulness, and thinking; breath, body awareness, and meditation: observing and training awareness.

REG# 368977 | **INSTRUCTOR:** Jeffrey Hutter

BASIC MEMBER FEE: \$100 | **PLUS MEMBER FEE:** \$30

DATE/TIME: 4 Tuesdays, 1-3pm, October 29-November 19

WESTWOOD: Extension Gayley Center, Room 121DE

Pearl Harbor Reconsidered {New Course}

Seventy-eight years ago, United States military personnel and civilians were "suddenly and deliberately attacked" by Japanese forces at Pearl Harbor, leaving more than 2,400 people killed and nearly 1,200 people wounded. The consequences of that action continue to reverberate in our nation today. Through historic and recently declassified information, we explore what actually happened in Washington, Tokyo, and Oahu, in the months, weeks, and days before the attack. What you discover in this course may shock you and may change your view of history. Videos and historic images accompany the lectures to bring to life this powerful event and generate lively discussions.

REG# 369324 | **INSTRUCTOR:** John Powers

BASIC MEMBER FEE: \$105 | **PLUS MEMBER FEE:** \$31

DATE/TIME: 5 Thursdays, 10am-12pm, Nov. 7-Dec. 12 (no meeting Nov. 28)

WESTWOOD: Extension Gayley Center, Room 121DE (Nov. 7-21) and Room 119 (Dec. 5-12)

Water, Global Crisis, and Peace

While nearly 70 percent of the world is covered by water, only 2.5 percent of it is fresh. The rest is saline and ocean-based. Even then, just 1 percent of our freshwater is easily accessible, with much of it trapped in glaciers and snowfields. Threats to water supply include population expansion, urbanization, pollution, vegetation destruction and deforestation, and climate change. In this course, we look at present and future water sources worldwide, water management, and sustainable water technologies.

REG# 369081 | **INSTRUCTOR:** Mansour Jafarian

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Tuesdays, 1-3pm, November 5-December 10

WOODLAND HILLS: Extension Warner Center, Suite 200



Great American Songbook, Volume 3 {New Course}

American popular song is this country's invention and our great gift to the world. The songwriters and singers of this gift express our innermost feelings and elevate the mundane to the magnificent. In this course we look at the history of Tin Pan Alley and many of its greatest contributors: Harold Arlen; Burton Lane; George M. Cohan; Dorothy Fields; Cy Coleman; Carolyn Leigh; DeSylva, Brown, and Henderson; Arthur Freed and Nacio Herb Brown, as well as the great lyric writing team of Alan and Marilyn Bergman. Singers include: Judy Garland, Lena Horne, Sammy Davis, Jr., Perry Como, Louie Prima and Keely Smith, Dean Martin, Frankie Laine, Johnnie Ray, as well as some of the great big bands of the early 1900s. Come along and continue our journey through the soundtrack of American life over much of the past century.

REG# 369257 | **INSTRUCTOR:** Steve Barri

BASIC MEMBER FEE: \$115 | **PLUS MEMBER FEE:** \$34

DATE/TIME: 6 Wednesdays, 1-3pm, October 30-December 11 (no meeting Nov. 27)

WESTWOOD: Extension Gayley Center, Room 121

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.



Discussion Groups

FALL 2019 SCHEDULE

Discussion groups are for members who want to ask questions, offer answers, and share their knowledge in the classroom. Depending on the nature of the course, there could be a modest amount of preparation or readings required. Members should be ready to participate and share their insights. OLLI membership is required to enroll in these courses.

Intermediate Chess

Chess is one of the most popular strategy games in the world. This class will act as a workshop and is best suited for anyone who knows the very basics (rules and moves). A quick refresher will be given if necessary, but some very basic knowledge of the rules will certainly help. From there, we will expand on various fun chess topics that include but are not limited to, strategies, openings, endgames, puzzles, exercises, and many others. We will also dedicate at least an hour every week to gameplay where you will be paired with people of similar skill. You are more than welcome to retake the class multiple times.

REG # 368772 | **INSTRUCTOR:** Konstantinos Palamourdas

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Mondays, 10am-12pm, September 23-November 4 (no meeting Sep. 30)

WESTWOOD: Extension Gayley Center, Room 121E

Fall of the Roman Empire {New Course}

When and why did the magnificent thousand-year-old Roman civilization perish? Historians have come up with many colorful and conflicting answers. Some offer a precise date and time. Others claim Rome never fell but persisted into the Middle Ages. What is certain is that no single reason can explain this centuries-long event. This course considers Rome's decline from several perspectives: (1) the rise of imperial wealth and luxury, bread, and circuses, featuring the poet Juvenal and his Satires, a first-hand report of Roman licentiousness, (2) the impact of Christianity, focused on Edward Gibbon's *Decline and Fall of the Roman Empire*; (3) failing imperial policy in military affairs, administration, and finance; and (4) barbarian migrations and Muslim conquests, and their impact on the western empire from the third century to the Battle of Tours.

REG# 368987 | **INSTRUCTOR:** Gil Sewall

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 4 Mondays, 10am-12pm, September 23-October 21 (no meeting Sep. 30)

WESTWOOD: Extension Gayley Center, Room 121AB

The Play's the Thing

Great theater has the power to both entertain and inspire. At its best, a play can inform and even transform lives. In this lively, thought-provoking workshop, scenes are performed from plays that reveal the conflicts, joys, and journeys of our lives. Offered every year since 2005, this popular interactive workshop features all new plays with professional actors, directed by director/playwright Beverly Olevin, performing dynamic scenes from contemporary and classic plays. Each week, scenes are presented that explore specific themes. Participants discuss the universal themes the plays express. Lecture and discussion focus on the role theater has played throughout history and the basic human need to share and learn from our stories.

REG# 368863 | **INSTRUCTOR:** Beverly Olevin

BASIC MEMBER FEE: \$100 | **PLUS MEMBER FEE:** \$30

DATE/TIME: 4 Thursdays, 1-3pm, November 7-December 5 (no meeting Nov. 28)

WESTWOOD: Extension Gayley Center, Room 121C

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.



Intermediate Mah-Jongg {New Course}

Intermediate Mah Jongg is designed for players who already understand the basic rules of play and have had some experience playing the game and wish to further develop their skills. The goals of the class include: better understanding of reading the Mah Jongg card, developing strategies for choosing the hand of play, strategies for defensive play, and increasing the speed of play. There will be plenty of time to practice all of these skills and have a great time. You will need to order the 2019 Mah Jongg card from the National Mah Jongg League at: nationalmahjonggleague.org. The large card for \$9 is preferred.

REG# 369253 | **INSTRUCTOR:** Sheila Strober

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Mondays, 1-3:30pm, September 23-November 4 (no meeting Sep. 30)

WESTWOOD: Extension Gayley Center, Room 119B

The Story Behind the Story {New Course}

It's always interesting, although rare, to hear from a writer about how a story came about. *The Story Behind the Story*, edited by Richard Russo, is a collection of short stories by celebrated young writers such as Antonya Nelson, Charles Baxter, Joan Silber, Andrea Barrett, and Michael Martone, includes each author's brief account of his or her fiction's backstory, how and why it came into being. It will surely be fodder for enjoyable reading and a lively discussion. Suggested book: *The Story Behind the Story: 26 Stories by Contemporary Writers and How They Work*.

REG# 369252 | **INSTRUCTOR:** Brandon French

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 10am-12pm, September 25-November 20 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 119B

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

The Lighter Side of Medicine {New Course}

Learn about the 10 most common medical issues prevalent in aging: arthritis, cancer, dementia, diabetes, depression, falling, heart disease, osteoporosis, respiratory illness, and stroke. We cover the symptoms, tests, treatment, and preventive measures for each condition with a twist of humor, flair, and whimsy. The material is illuminated with funny musical parodies and medical terminology put to rhyme.

REG# 369357 | **INSTRUCTOR:** Marv Rosenberg

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Wednesdays, 10am-12pm, September 25-November 6 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 121AB

Current Events: Understanding Our World

This discussion group focuses on the news of the week. Participants share articles and opinions that pertain to what's happening both in the United States and internationally and particularly to introduce diverse views. Many of the pundits we analyze write for *The New York Times*, the *Wall Street Journal*, the *Washington Post*, and the *Los Angeles Times*. These include such political writers as David Brooks, Thomas Friedman, Paul Krugman, Ross Douthat, Fareed Zakaria, John Bolton, Peggy Noonan, Maureen Dowd, and many more that the class may wish to cover. You also examine such magazines as *The New Yorker*, *The Atlantic*, *The New Republic*, and other journals that give in-depth coverage of current topics. This is your chance to listen and to be heard on the events of the day.

This is a very popular course with limited space; we advise members to enroll early.

REG# 368869 | **INSTRUCTOR:** Myrna Hant

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 10am-12pm, September 26-November 14

WESTWOOD: Extension Gayley Center, Room 121ABC

Speaking her Truth: Women's Memoirs {New Course}

Memoir is about self-realization, especially in phases of human history where consciousness advances and transformation occurs. In this course, we study the art of the memoir, by reading outstanding women writers who are also leaders of our time. The books chosen will facilitate our own growth as we experience the mirror each author holds up to us as she shares reflections about her own life. Our template is *The Art of the Memoir* by Mary Karr, called "an elegant accessible exploration of today's most popular forms." Upstream, by universally loved poet Mary Oliver who passed on recently, is a clarification of her world view and how she translated that into poetry. It is followed by the upbeat *This Is the Story of A Happy Marriage*, a book of essays by Ann Patchett. The course ends with what is considered one of the most significant books of 2018, *Becoming*, by Michelle Obama. It sold more copies than any other book that year, and the authenticity and clarity with which the former first lady writes has an enduring quality of scope and vision. Suggested books include the four books listed.

REG# 369367 | **INSTRUCTOR:** Kathleen Williamson

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Thursdays, 1-3pm, September 26-October 31

WESTWOOD: Extension Gayley Center, Room 119B

Knowing Ourselves Through Our Dreams: An Introduction to Dream Work

C.G. Jung regarded dreams to be a gift our psyche affords us, opening the door to the world of the unconscious and teaching us what we do not know about ourselves, our lives, and our relationships. In this course, we learn to connect with and understand dreams, and make sense of their symbols and imagery in order to find guidance in our daily life. We use Jung's methods of active imagination and amplification in a step-by-step process to connect with and understand dream material presented by the instructor. We also learn and discuss Jung's ideas on dreams—their source and function, the structure of the psyche and how it is expressed in dreams.

REG# 368781 | **INSTRUCTOR:** Michal Aizenman

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Fridays, 10am-12pm, September 27-November 1

WESTWOOD: Extension Gayley Center, Room 119A

Speaking Truth to Power {New Course}

Speaking Truth to Power is the job of the poet. Hear eloquent voices raised against war, racism, ecological disaster; others championing the rights of immigrants, women, and Native Americans, including Maya Angelou, W.S. Merwin, Wilfred Owen, Elizabeth Bishop, Sherman Alexie, Jane Kenyon, and Sylvia Plath.

REG# 369099 | **INSTRUCTOR:** Keven Bellows

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 5 Fridays, 10am-12pm, September 27-November 1

WESTWOOD: Extension Gayley Center, Room 121A

Great Theater from the Greeks to the Contemporary Stage {New Course}

Back in 534-535 BC, a wandering Greek bard named Thespis astounded audiences by leaping onto the back of a wooden cart during recitations, fully invoking the voice and persona of the character speaking in the poem. He became the world's first actor, and it is from him that we get the word, thespian. This later led to the establishment of theater troupes and the popularization of play formats such as tragedies. In this course, we begin with Greek theater, viewing the plays of Aeschylus, Sophocles, and Euripides. From there we work our way to the great works of Europe, including Shakespeare. From there we move on to the modern stage in Europe, and then America and our wonderful playwrights, including Tennessee Williams and Eugene O'Neill. As the Bard said, "The plays the thing ..." And so it will be in this sojourn into the world of two planks and a passion. If there is a great play in town, we might attend a live performance. In any event, the curtain is going up for us!

REG# 370323 | **INSTRUCTOR:** Vincent Coppola*

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 5 Wednesdays, 1-4pm, October 1-29

WESTWOOD: Extension 1010 Westwood Center, Room 320

*This instructor has a service dog that will be present during class.

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.



Reel Dilemmas

"The play's the thing wherein to catch the conscience of the king," Hamlet said. This course constitutes first viewing a film—the screenplay actualized—and then addressing the existential dilemma put before us in the work—the flesh and blood human situation in which the characters find themselves. We break the film down, analyze how it uses the verbal, visual, and visceral art forms in presenting our dilemma. Each Reel Dilemmas course offers all new films, none of which are advertised ahead of time to ensure that the class is not affected by preconceptions or reviews. You would be surprised how it changes the understanding of the film. Please appreciate the philosophy behind that process.

REG# 370324 | **INSTRUCTOR:** Vincent Coppola*

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 5 Wednesdays, 1-4pm, October 3-31

WESTWOOD: Extension 1010 Westwood Center, Room 320

*This instructor has a service dog that will be present during class.

Ways of Looking at Contemporary Art

This salon opens the door to enhancing experiences with contemporary art. After a first meeting in the classroom, we take field trips to museums and galleries while sharing conversations around the table. In this course we consider themes such as the artist's use of materials, the time and place of the artist's activity, perception of two- and three-dimensional space, the figure, abstraction, and performance. Guided walkthroughs and discussions support inquiry-based looking.

Members must be prepared to provide their own transportation to field trips.

REG# 369398 | **INSTRUCTOR:** Deborah Beth Cohen

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Thursdays, 1-3:30pm, October 17-November 21

WESTWOOD (OCT. 17, NOV. 21): Extension Gayley Center, Room 121C

LOS ANGELES (OCT. 10-NOV. 14): 4 Field Trips in L.A., TBD

Foreign Languages

FALL 2019 SCHEDULE

OLLI at UCLA offers courses in Spanish and French at several levels of understanding. Language courses are discussion-heavy and members should be ready to participate and share their insights. OLLI membership is required to enroll in these courses.

Spanish II for Everyday Life

A continuation of Spanish I, part II is an immersion-style course. After a first session in English, instruction is conducted in Spanish. The course offers an easy, no stress way to build on what you learned in the first course and is great for those with intermediate knowledge of the language.

REG# 368758 | **INSTRUCTOR:** Emilia Chuquin

BASIC MEMBER FEE: \$135 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 10am-12pm, September 24-November 12

WESTWOOD: Extension Gayley Center, Room 119A

Our Spanish I-IV courses teach you the grammar and vocabulary foundation needed to read and write in Spanish. Students will receive some lecture as well as be assigned short readings in Spanish. We offer these courses on an annual cycle: Spanish I is offered in the summer; Spanish II is offered in the fall; Spanish III is offered in the winter; and Spanish IV is offered in the spring.

High-Level Spanish Conversation

This conversation course is a continuation of our previous Literary Spanish course and is for those who want to continue improving their oral Spanish skills. Using authentic sources from Latin America, students learn to speak Spanish through interpretation, imagination and critical reading. Stories are read and retold in small groups and before the class to improve vocabulary, pronunciation, and idiomatic expressions.

REG # 368773 | **INSTRUCTOR:** Emilia Chuquin

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 1-3pm, September 24-November 12

WESTWOOD: Extension Gayley Center, Room 119A

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

Intermediate French Conversation

Designed for students who have taken a year or more of French, this class prepares you to have a conversation with native speakers of French. Real-life dialogues include engaging topics such as meeting people, making plans, discussing leisure activities, and just having fun. Suggested Text: *Sur le Vif*, 6th edition, by Tufts and Jarausch.

REG# 368774 | **INSTRUCTOR:** Ruth Anne Gooley

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 6:30pm-8:30pm, September 24-November 12

WESTWOOD: Extension Gayley Center, Room 119A

Real Life Spanish Conversation I

This Spanish conversation course provides a comfortable space for members to practice their fluency with others under an instructor's guidance. Members will respond to prompts provided by the instructor while their peers ask follow up questions or make comments, all in Spanish. The instructor facilitates the conversations and corrects vocabulary or grammar as needed. Please note: This is not a beginner's class; some Spanish is required.

REG# 369085 | **INSTRUCTOR:** Susan McMillen Villar

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 10am-12pm, September 26-November 21 (no meeting Oct. 3)

WESTWOOD: Extension Gayley Center, Room 119A

Real Life Spanish Conversation II

This Spanish conversation course is for those with a more advanced grasp of conversational Spanish. Members respond to prompts provided by the instructor while their peers ask follow up questions or make comments, all in Spanish. The instructor facilitates the conversations and corrects language as needed, while also introducing more advanced grammar and vocabulary skills. Please note: this course is intended for intermediate Spanish speakers; students approaching fluency are encouraged to take our High-Level Spanish Conversation course.

REG# 369088 | **INSTRUCTOR:** Susan McMillen Villar

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Thursdays, 1-3pm, September 26-November 21 (no meeting Oct. 3)

WESTWOOD: Extension Gayley Center, Room 119A

Creativity and Movement

FALL 2019 SCHEDULE

These courses are interactive; members are able to practice or apply what they learn in class. OLLI membership is required to enroll in these courses.

iPhone Photography Workshop: Creating Works of Art

Use your iPhone to create artistic photos. In this course, we review how to take an in-focus, well-exposed picture and how to crop and edit it. We work with elements of composition, color, and lighting so your photo has impact. We discuss different apps to give your photos uniqueness and a type of artistry. Posing, photo books, matting and displaying your photos will also be discussed. This is an interactive class; each week you are given an assignment which is critiqued the following week.

REG# 368779 | **INSTRUCTOR:** Ellen Demsky

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Tuesdays, 10am-12pm, September 24-November 12

WESTWOOD: Extension Gayley Center, Room 119B

Reading and Acting Shakespeare's Antony and Cleopatra

{New Course}

The ideal group for those who love acting, theatre, language, and Shakespeare. Each week, we read aloud and discuss one act from the play, then look at selected scenes and speeches from an actor's perspective (scripts in hand, no memorization required). We explore the different ways that Shakespeare's language helps us bring his extraordinary characters to life. All are welcome, no prior acting experience required, only a desire to passionately engage with the greatest dramatist of all time. Please bring a copy of the play to our first meeting.

REG# 368780 | **INSTRUCTOR:** Steven Moore

FEE: FREE for Osher members; registration required; course fills up very quickly.

DATE/TIME: 6 Tuesdays, 10am-12pm, September 24-November 19 (no meeting Oct. 22)

WESTWOOD: Extension 1010 Westwood Center, Room 218

Enroll in courses online at uclaextension.edu/osher, by mail, in person at UCLA Extension, or by phone at (310) 825-9971.

Everything You Wanted to Know About Poetry but Were Afraid to Ask {New Course}

What makes a poem a poem and not just chopped up prose? In this poetry appreciation and writing workshop, we read modern and contemporary poets like Billy Collins, Elizabeth Bishop, Louise Gluck, Mark Strand and Philip Levine. We add and polish tools in our poetic toolbox to make our verses sing, and we develop our own unique voice in a supportive and creative environment.

REG# 369183 | **INSTRUCTOR:** Laurel Ann Bogen

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Tuesdays, 1-3pm, September 24-October 29

WESTWOOD: Extension Gayley Center, Room 119B

Drawing Studio

This course provides a place for students to explore their personal drawing styles and practice techniques that investigate gesture, line, contour, shade, shadow, light, form, space, and weight. The studio is the space for experimenting with new ideas, while engaged in the ongoing process of learning to learn to draw. Participants draw during classroom sessions and on class field trips to museums and galleries throughout Los Angeles. Suggested prerequisite: Drawing is a Feeling I and/or II, or a personal drawing practice.

Members must provide their own transportation to field trips.

REG# 369380 | **INSTRUCTOR:** Deborah Beth Cohen

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 6 Tuesdays, 1-3:30pm, September 24-October 29

WESTWOOD (SEP. 24; OCT. 1, 15, 29): Extension 1010 Westwood Center, Room 321

LOS ANGELES (OCT. 8 & 22): 2 Field Trips in L.A., TBD

Tai Chi: The Art of Effortless Movement

Recent research shows that tai chi offers many health benefits, especially for seniors. These benefits accrue from living and moving in accord with tai chi principles. In this course, we explore how these principles impact our daily lives and learn to embody them through a short tai chi form. Through understanding the orienting contexts of presence, inner awareness, relaxation and elasticity, we explore how these principles may transform and integrate spirit, mind, inner being, and the body. By applying them, we can alleviate stress, develop peace of mind, encourage emotional well-being, and increase our energy, as well as enhance bodily strength, balance, and efficiency.

REG# 368778 | **INSTRUCTOR:** Bob Tajima

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 8 Wednesdays, 1-2:30pm, September 25-November 20 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 119

Donor Honor Roll

JULY 1, 2017 - JUNE 30, 2018

Thank you to all the donors and friends of the Osher Lifelong Learning Institute at UCLA, without whom the OLLI program would not be possible. We extend our sincerest thanks and appreciation for your continued support.

Changemaker

1 anonymous donor

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Thank you to members of the UCLA Legacy Society who have included OLLI in their estate plans. To learn more about how you can include OLLI in your estate plans, please contact the Development Office at (310) 206-5255.

Donors listed above have provided consent for published listing. If you have donated to OLLI at UCLA from July 2017-June 2018 and were not contacted to be featured in the donor honor roll, please contact Anousheh Shayestehpour, OLLI Manager at ashayestehpour@uclaextension.edu or call (310) 825-7886 to be included in the next publication.

Beginning Gentle Yoga

This is a slow meditative course, intended for those with little or no experience, or with physical limitations. We integrate awareness of the breath with gentle movement to facilitate a feeling of wholeness, well-being, and joy. Mats are required unless you elect to use a chair instead of a mat.

REG# 368876 | **INSTRUCTOR:** Mona Wells

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 10 Wednesdays, 1-2:30pm, September 25-Dec. 4 (no meeting Oct. 9)

WESTWOOD: Extension Gayley Center, Room 119B

Intermediate Yoga

This is a nurturing Hatha flow course intended for those with foundational experience practicing yoga. Meditation and yoga nidra will be integrated into our practice to enhance relaxation, renewal, and connecting to our true nature. Mats are required.

REG# 368877 | **INSTRUCTOR:** Mona Wells

BASIC MEMBER FEE: \$80 | **PLUS MEMBER FEE:** \$40

DATE/TIME: 10 Thursdays, 6:30-8:00pm, September 26-December 5 (no meeting Nov. 28)

WESTWOOD: Extension Gayley Center, Room 119

Lawn Bowling Fun in Beautiful Holmby Park

The Holmby Park Lawn Bowling Club and OLLI have teamed up to host an introductory course in Lawn Bowling, a low impact sport endorsed by the American Heart Association. This course takes place in beautiful Holmby Park, next to the L.A. Country Club. Veteran bowlers provide instruction on the greens, supplemented by written and audio-visual materials. Coffee, tea, and refreshments will be available. Dress is casual, but, please wear smooth-soled shoes without heels (such as tennis or deck shoes) to protect the greens.

REG# 368777 | **INSTRUCTORS:** Lawn Bowling Staff

FEE: FREE for Osher members and their guests

DATE/TIME: 4 Saturdays, 10-11:30am, September 28-October 19

WESTWOOD: Holmby Hills Park, 646 Comstock Avenue, Holmby Hills 90024

Instructors

FALL 2019 SCHEDULE

Michal Aizenman, MA in Clinical Psychology, Jungian Analyst, Jung Institute, Israel. A former therapist and Jungian analyst she has taught for Dartmouth College, UCSC, and is currently a faculty member at the C. G. Jung Institute of Los Angeles.

Chahriar Assad, PhD in Atomic Physics; chief scientist, Network and Space Systems, Boeing.

Steve Barri, composer; lyricist; producer of many hit records; former vice president of ABC Dunhill, Warner Bros., and Motown Records.

Keven Bellows, MBA, author of two books of poetry: *Taking Your Own True Name* and *The Blue Darter*. She teaches poem-making, journal writing, writing as therapy and story writing at the Veterans Administration.

Laurel Ann Bogen, MPW, award-winning poet and author of 11 books, including *Psychosis in the Produce Department: New and Selected Poems, 1975-2015* and an award-winning instructor in UCLA Extension Writer's Program.

Dominique Butler, who serves as a NASA JPL Solar System Ambassador and is actively involved in educational outreach with Caltech and The Planetary Society. She writes educational space articles in the media for prominent hip-hop artists

Emilia Chuquin, PhD, Spanish, UNM, Albuquerque, UCLA Extension Spanish instructor

Deborah Beth Cohen, PhD in Culture Deborah Beth Cohen, PhD in Culture and Performance, UCLA; MA in Culture and Performance, UCLA; educator at MOCA. Scholar, artist, and designer with a BArch from The Southern California Institute of Architecture SCI-Arc.

Carlo Coppola, MA, PhD, University of Chicago; former research scholar at Aligarh Muslim University. He has taught Middle Eastern and South Asian Studies and is the co-founder of the *Journal of South Asian Literature* and author of *Urdu Poetry, 1935-1970*.

Vincent Coppola, PhD in Philosophy, Pontifical Gregorian University; MFA in Film and Theater Arts, UCLA.

Ellen Demsky, award winning, event and portrait photographer in the Los Angeles area. She has taught digital photography for 15 years at the Learning Tree University, Pierce College, and privately.

Maxwell D. Epstein, Dean Emeritus, International Students and Scholars, UCLA

Thomas Flood, PhD, Emeritus professor of Environmental Studies and Chemistry at USC

Brandon French, PhDs in English and Psychoanalysis; former assistant professor of English at Yale and director of development at Columbia Pictures Television. She is a published writer, film scholar, playwright, and screenwriter.

Graeme Gissing, MSc in Zoology; research ecologist. He is currently a faculty lecturer in biology, ecology, and conservation biology at Ambrose University, Alberta, Canada and the director of education for Stop Poaching Now!

Ruth Anne Gooley, PhD in French Language and Literature, UCLA

Wesley Graft, MA in History, CSUN focus on histories from colonial American history, Cold War history, Women and Gender, and Southern U.S. history.

Myrna Hant, PhD, research scholar, Center for the Study of Women, UCLA, who has researched popular culture and mature adults in the media

Jeffrey Hutter, PhD, psychologist in private practice; consultant and teacher of psychotherapy, Integrative Meditation, and mindfulness training. he taught UCLA Extension's courses on integrating Buddhist and Western approaches to personal development.

Mansour Jafarian, JD, LLM, former consultant for the United Nations

Leonard Koff, PhD, UC Berkeley; associate, UCLA Center for Medieval and Renaissance Studies.

Luc LeFrancois, MA, Political Science with a focus in Global Comparative Politics at California State University Northridge

Steven Moore, MA in Drama, formerly student advisor in the UCLA School of Theatre, Film, and Television; instructor for UCLA Extension's American Language Center (2013 Distinguished Instructor Award).

Nicholas O'Connell, business owner, private investor, and advocate for the innocent in prison. His father was wrongfully convicted of a 1984 Pasadena murder; after 27 years of legal battles, he was freed in 2012.

Beverly Olevin, MA, writer, director, teacher, and award-winning author of *November, The Good Side of Bad*. Former academic director in Oxford, England, recipient of UCLA Extension's Distinguished Instructor Award and OLLI's first Artist in Residence.

Marc Olevin, designed and delivered training programs for companies, including TRW, Lockheed, Northrop, and Amgen he worked with JPL to train engineers in developing the Mars Rover project

Konstantinos (Duncan) Palamourdas, PhD, Mathematical Logic, UCLA

Robert Piccioni, PhD in High-Energy Physics, Stanford University; Caltech graduate. He taught at Harvard and UCLA, and was CSUCI/OLLI's Teacher of the Year in 2010. Dr. Piccioni is the author of three popular science books.

John Powers, MFA in dramatic writing, USC. He has written for stage and screen, and historical events have comprised the content of much of his work.

Marv Rosenberg, PhD, original member of the Safaris who wrote their 1960 hit, "Image of a Girl;" host of the doo wop radio show, *Goodies about Oldies*. Former medical professional for 24 years and instructor of medical terminology.

Ryan Isao Rowen, PhD in Musicology; lecturer in Musicology, UCLA and Chapman University.

Gil Sewall, MS in Journalism, Columbia University; MA in History, Brown University; senior researcher at the Huntington Library and author of *Necessary Lessons*. He is a former *Newsweek* editor and scholar at the American Academy in Rome, and Columbia University.

Maria Siciliano, MPA, Harvard University; MS in Gerontology, USC; principal and founder, Gerontology in Action.

Audrey Stein, EdD, member of the International Documentary Association (IDA), award-winning photographer

Bob Stern, has worked for Congressional campaigns and public officials, including Henry Waxman and Jerry Brown. He is frequently interviewed by news outlets, including MSNBC, Fox News, NPR, the *Los Angeles Times* and other papers on election and campaign reform subjects.

Sheila Strober, MEd, retired middle school science teacher; has played mah jongg and participated in mah jongg tournaments for 20 years.

Sarah Sussman, PhD in English, The University of Texas at Austin. Dr. Sussman has taught college courses in writing, literature, and film.

Bob Tajima, practitioner of tai chi since 1978 and instructor since 1998. Began his studies with Tung Kai-ying, certified to teach by Bruce Frantzis, and currently studies with Yan Yuan-hua and Ho Nan-jie.

Lee Scott Theisen, PhD, American History, Latin American History and Art at University of Arizona. He has taught history, film and food culture, and lectured widely on chocolate.

Lee Scott Theisen, PhD, American History, Latin American History and Art at University of Arizona. He has taught history, film and food culture, and lectured widely on chocolate. He is a baker, chef, and world traveler.

Susan McMillen Villar, PhD in Hispanic and Luso Literatures, Languages Cultures and Linguistics. Retired director of Spanish and Portuguese Language Instruction, University of Minnesota Twin Cities.

Mona Wells, Hatha Yoga Teacher in Los Angeles and New York for more than 15 years

Kathleen Williamson, MFA in Creative Writing; author, *Bringing the Soul Back Home*.

Katherine E. Zoraster, MA, adjunct professor of Art History at Moorpark College, CSU Northridge and the Los Angeles Academy of Figurative Arts

General Information & Policies

OLLI membership is required to enroll in courses.

- > Guests must receive permission to attend classes. Call the OLLI office at **(310) 206-2693** or email osher@uclaextension.edu to request a one-class guest pass at least 24 hours in advance. Some classes are unable to accommodate guests.
- > Auditing is not allowed.
- > Membership is not transferable to a family member or friend.
- > UCLA Extension's Senior Citizen Discount does not apply to OLLI courses or OLLI membership.
- > Many OLLI courses have limited enrollment, so early enrollment is advised.
- > Students must be age 50 or greater to become OLLI members.

OLLI Scholarship Program

OLLI at UCLA offers a limited amount of scholarships each year to current and prospective members who demonstrate financial need. Please visit osher.uclaextension.edu/join to download a scholarship application.

Refund Policy

Refund requests will be accepted through the close of business on the final refund date, which is printed on your enrollment receipt. A \$30 administrative fee is withheld from each refund request. OLLI membership dues are nonrefundable and nontransferable. Taste of Osher course fees are non-refundable.

To request a refund:

Phone: (310) 825-9971
Fax: (310) 206-3223
Email: refunds@uclaextension.edu
Mail to: UCLA Extension,
 P.O. Box 24901,
 Los Angeles, CA 90024-0901

For mailed requests, the envelope must be postmarked on or before the final refund date. Please allow two weeks for refund checks and one week for credit card vouchers.

Parking Options

In Westwood, a variety of public parking lots and metered parking is available throughout the village. In Woodland Hills, please park in the Tower III garage for UCLA Extension on Owensmouth Ave. Please expect daily parking costs to range from \$5-\$12 depending on time and day. Visit uclaextension.edu/osher for more detailed parking information.

Mass Transit Information

For detailed information on bus service to Westwood Village, visit metro.net, bigbluebus.com, or culvercity.org.

In accordance with UCLA Extension policy, service dogs will need to be registered with UCLA Extension's Services for Students with Disabilities Office. You are allowed to attend your first class meeting with your service dog, but will not be able to attend any future meetings until you are registered with the UCLA Extension Disabilities Office.

Under ADA Revised Requirements of September 2010, only dogs can serve as service animals. Further, a service animal is a dog that is trained to perform special tasks for a person with a disability. They are working animals, not pets. A dog whose sole function is to provide comfort or emotional support will not qualify as a service animal under the ADA.

Please contact Pam Head, the coordinator of Services for Students with Disabilities Office, at (310) 825-0183 to begin and complete the process to have your service dog registered.

OLLI Membership & Enrollment Form

FALL 2019

Joining OLLI is easy. Choose one of the options below.

1. OLLI Basic Membership: Basic members enroll at regular course fees.
2. OLLI Plus Membership: Plus members enroll at significantly reduced course fees.

To Enroll

Online: uclaextension.edu/osher **By Phone:** (310) 825-9971

By Mail: UCLA Extension, Dept. K, Box 24901, Los Angeles, CA 90024-0901

SSN* _____ Gender Male Female

Name _____

Mailing Address _____

Daytime Phone Number _____ Birth Date (mo/day/yr)** _____

Email Address _____

COURSE TITLE	REG #	FEE	TOTAL
<input type="checkbox"/> Discount Code EARLY (Basic Members Only) Get 10% off. †			
<input type="checkbox"/> OLLI Basic Membership (lasts 1 year)		\$50	
<input type="checkbox"/> OLLI Plus Membership (lasts 1 year)		\$295	
		TOTAL DUE	\$

CHECK enclosed payable to: The Regents of UC

Note: There is a \$30 charge for returned checks. A \$30 administrative fee is withheld from each course for which you request a refund unless the course is canceled, discontinued, rescheduled, or has a special refund policy. Memberships are nonrefundable.

Charge American Express Discover MasterCard VISA JCB

Account Number _____ Expiration Date (mo/yr) _____

Authorizing Signature _____

Billing Address if Different from Above _____

Name As It Appears on Card _____

*Your Social Security number (SSN) is required by federal law to enable filing of information returns to the Internal Revenue Service (IRS). If you do not choose to provide us with your Social Security number, you will be permitted to enroll; however, UCLA Extension will not be able to provide the IRS with evidence of fee payment that might entitle you to tax credits available under the Taxpayer Relief Act of 1997.

**You must be 50 years or above to join OLLI. UCLA Extension's Senior Citizen Discount does not apply to OLLI courses or membership. Date of birth is used to verify eligibility.

In accordance with applicable federal laws and University policy, the University of California does not discriminate in any of its policies, procedures, or practices on the basis of race, color, national origin, sex, sexual orientation, age, or disability. Inquiries regarding the University's equal opportunity policies may be directed to Office of Registrar, UCLA Extension, Dept. K, Box 24901, Los Angeles, CA 90024-0901; Voice/TDD: (310) 825-8845. For information on services for students with disabilities, or questions about accessibility, please call (310) 825-7851 (voice or TTY). ♿

† Discount code available on most classes at least 30 days before course start date.

UCLA



UCLA Extension is the continuing education division of the University of California at Los Angeles (UCLA). We offer courses evenings and weekends in Westwood and Downtown L.A., plus online classes available around the globe. Courses range from business, arts, engineering, and IT, to entertainment studies, public policy, public health, the humanities, and more. Explore UCLA Extension at uclaextension.edu.

The Bernard Osher Foundation

With an endowment from the Bernard Osher Foundation, UCLA Extension joins universities across the United States at the forefront of a national initiative to provide learning opportunities to serve the intellectual and cultural needs of older adults.

UCLA



Presents
UCLA's Center for the Art of Performance



UCLA's Center for the Art of Performance (CAP UCLA) is dedicated to the advancement of the contemporary performing arts in all disciplines—dance, music, spoken word and theater, as well the emerging digital, collaborative and cross-platforms utilized by today's leading artists. As an influential voice within the local, national and international arts community, CAP UCLA is also where cultural expression and artistic exploration can thrive, and where audiences can have fun and experience the artists of the stage that connect us to new ways of seeing and better understanding the world we live in now.

CAP provides shuttles for ticketholders from UCLA Parking Lot 2 to Royce Hall so you don't have to worry about the walk to and from your car!

For tickets call 310-825-2101 or go online at cap.ucla.edu

Special Offers for OLLI Members:

Every quarter, three CAP events will be featured in our brochure. All OLLI members will receive a **25% discount** on these performances with promotion code **OLLI25**.

Join CAP UCLA in the Royce Hall Member Lounge before the Saturday evening performance of *THE DAY*, for a special conversation with the artists on the creation of this multidisciplinary project. Seating is limited, this pre-show discussion is only valid for the first 12 OLLI members who purchase tickets.



BILL FRISELL & JULIAN LAGE DUO

Thu, Dec 5 | Royce Hall, UCLA

Bill Frisell's career as a guitarist and composer has spanned more than 40 years. Julian Lage is one of the most prodigious guitarists of his generation. This meeting of the minds of two guitar masters promises to be a night to remember.



**JOSHUA REDMAN
QUARTET WITH
THE BAD PLUS**

Sun, Nov 10
Royce Hall, UCLA

Saxophonist Joshua Redman is one of the most acclaimed and charismatic jazz artists to have emerged in the decade of the 90s. Joined by the iconic trio The Bad Plus, who have always dared to be different, this evening promises to bend your notions of jazz.



**MAYA BEISER/
WENDY WHELAN/
LUCINDA CHILDS/
DAVID LANG
THE DAY**

Fri, Oct 18 & Sat, Oct 19
Royce Hall, UCLA

Celebrated ballerina Wendy Whelan, cellist Maya Beiser, iconic choreographer Lucinda Childs and Pulitzer Prize-winning composer David Lang join forces to create an evocative, bold, highly collaborative new work.

UCLA Extension



Osher Lifelong Learning Institute (OLLI) at UCLA

All OLLI Members Enjoy:

- Invitations to unique programs and activities within the OLLI community
- Access to award-winning instructors and compelling courses
- Connection with OLLIs across the nation
- Multiple, convenient learning locations
- Special discounts in Westwood Village

Renew or join OLLI today!

UCLA Extension, Dept. K, Box 24901, Los Angeles, CA 90024-0901