Students should not visit UCLA Extension buildings unless they are enrolled in an in-person course. Any student, instructor, or staff entering the facility must abide by all COVID-19 protocols.

**UCLA EXTENSION GAYLEY CENTER**
1145 Gayley Avenue
Los Angeles, CA 90024

**OLLI Office:** Suite 120
**OLLI lounge & classrooms** located on the first floor.

In Westwood, a variety of public parking lots and metered parking is available throughout the village. Please expect daily parking costs to range from $5-$13 depending on time and day.
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Courses are subject to change. Please visit uclaextension.edu/olli or call (310) 206-2693 for the most up-to-date course listings.
Taste of Osher

Open to the public—no membership required. $15 each. These one-day seminars offer a taste of the programming we offer throughout the year. OLLI Plus members can enroll at no cost (some exceptions apply). No refunds allowed.

A Citizen’s Guide to The 1619 Project  {New Course}

Published in 2019, The 1619 Project is a special edition of The New York Times Magazine that focuses upon the centrality of slavery in American history and later became a best-selling book. In this course, we evaluate three of The 1619 Project’s central claims against the evidence in the historical record. We examine whether the preservation of slavery was a central motivation of the American Revolution, whether the 1787 Constitution enshrined the right to hold “property in man,” and the multifaceted character of Abraham Lincoln’s racial politics during the Civil War. While The 1619 Project has aroused controversy, this course focuses on the facts and the evidence, leaving participants well equipped to make up their own minds.

This course will be recorded. Students will have access to the video for 30 days.

REG# 387851 | INSTRUCTOR: Richard Bell
DATE/TIME: Monday, 1–3pm, September 19
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

African American Portraiture: The Poetics of History, Memory, and Revolutionary Love  {New Course}

The art of portraiture is a genre that recognizes the importance of the person depicted: their status, wealth, and place in their community. The right to be pictured, or to picture oneself, is a declaration of worth and citizenship. In this course, we explore innovative, photographic self-portraiture by African Americans during and immediately following the Civil War. We also focus on contemporary African American portraiture created in diverse media—from photography to textiles—that redresses social injustice with beauty, power, and grace.

REG# 387788 | INSTRUCTOR: Andrea Liss
DATE/TIME: Saturday, 1–3pm, October 1
IN-PERSON: UCLA Extension Lindbrook Center, Room 203
Sharon’s Salon with Lionel Friedberg:
South Africa, Then and Now  {New Course}

Emmy-award winning documentary filmmaker and New York Times best-selling author Lionel Friedberg grew up in South Africa under apartheid. Many of the films he made there dealt with the country's institutionalized racial segregation, as well as the customs and culture of its indigenous people. Lionel moved to Los Angeles with his family in 1985 to raise his children and continue his career in a more open society. In this interview, he shares his vast knowledge of South Africa's history and culture, the Jewish immigrant experience in South Africa, and the African shamans who influenced his life.

This course will be recorded. Students will have access to the video for 30 days.

REG# 388452 | INSTRUCTOR: Sharon Boorstin
DATE/TIME: Tuesday, 10am-12pm, November 3
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Critical Race Theory: Context, Controversy, and Call to Action

{New Course}

Critical Race Theory is an academic concept that is more than 40 years old, developed by legal scholars to interpret America's institutions in the context of race and civil rights. In recent months, legislators in many states have rushed to pass laws to ban the teaching of CRT from K-12 classroom across the country. Yet what exactly is CRT? It can be hard to know. There's no manifesto or mission statement. That's made Critical Race Theory a bit of a moving target. In this course, we have three goals. The first objective is to locate the origins of CRT, establish its core premises, describe the recent controversy, and interrogate the stakes of it all. The second objective is to show CRT in action—to narrate the histories of voting rights and of crime and punishment in the United States through the lens of Critical Race Theory. The third is to introduce participants to a list of practices that CRT scholars believe all of us can adopt to mitigate the worst legacies of slavery in our supposedly postslavery world.

This course will be recorded. Students will have access to the video for 30 days.

REG# 388455 | INSTRUCTOR: Richard Bell
DATE/TIME: Wednesday, 10am-12pm, November 9
REMOTE COURSE: Zoom information is emailed to students two days before the course

Regeneration and Augmentation of the Human Nervous System

{New Course}

The human nervous system is a complex web of circuits and systems designed to carry out our everyday functions. When we injure our nervous system, our everyday life can be drastically changed, depending on the location and type of injury. Oftentimes these injuries result in loss of sensation and motion in parts of our bodies, leaving patients permanently paralyzed. What if this didn’t have to be the case? In this course, we explore the diversity of the human nervous system, discussing its differences in capacity for regeneration and how understanding the genetic regulatory mechanisms underlying these differences could be the key to unlocking the secret of regeneration. We will also dive into the fields of cybernetics and synthetic biology exploring how the scientific community uses cross-disciplinary approaches not only to solve the issue of paralysis, but also push the frontiers of our reality through physical augmentation.

REG# 388967 | INSTRUCTOR: Arielle Hogan
DATE/TIME: Thursday, 10am-12pm, November 17
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Renewing and Restoring Yourself in the Time of COVID

The fear, grief, and anger of the last years may fade, but COVID-19 has deeply affected our mind, body and spirit. Many continue to experience the emotional long-haul of this pandemic—anxiety, depression, burnout, and loss of motivation, meaning, or purpose. We need to find ways of renewing, healing, and restoring ourselves from our trauma and stresses. In this course we learn strategies for renewing long-term health and happiness and reevaluating life purpose and goals. Mindfulness training can help develop greater hardiness, resilience, and calm. Participants are introduced to restorative mindfulness strategies that can foster well-being even in these challenging times.

HYBRID COURSE | INSTRUCTOR: Jeffrey Hutter

DATE/TIME: Thursday, 1-3pm, November 17

Enroll in one of these sections below, depending on your location preference:

REG# 388695 | IN-PERSON: UCLA Extension Gayley Center, Room 119
REG# 388882 | REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

I Left My Heart in San Francisco {New Course}

From its Spanish Mission beginnings to its Victorian era to its modern structures, San Francisco, like all cities, is defined by its architecture, demographics, geography, climate, and the people and cultures that have shaped it. From historical to contemporary architecture, this course explores the structures that make San Francisco so iconic. Discussion of architectural styles and the context in which these buildings were created comprise our study of the “City by the Bay.”

This course will be recorded. Students will have access to the video for 30 days.

HYBRID COURSE | INSTRUCTOR: Eleanor Schrader

DATE/TIME: Monday, 1-3pm, November 21

Enroll in one of these sections below, depending on your location preference:

REG# 388097 | IN-PERSON: UCLA Extension Gayley Center, Room 121ABC
REG# 388883 | REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Yiddish Phrases for Everyday

Yiddish phrases have been used and continue to be used by Americans in daily life. Because Yiddish evolved from diverse sources and multiple languages, it is uniquely expressive, warm, and quite often amusing. This course explores numerous Yiddish phrases and their translations into English. Students are encouraged to ask questions and share stories as the translations are shared.

**REG# 388270 | INSTRUCTOR: Marganit Lish**
**DATE/TIME: Tuesday, 10am-12pm, November 29**
**REMOTE COURSE: Zoom information is emailed to students two days before the course begins.**

Let's Talk Chocolate: Tasting and Buying

As the world's most craved food, chocolate makes an ideal holiday gift. However, you may think you are buying quality when you are actually buying a confection loaded with sugar. In this course, we learn how to make sophisticated choices and distinguish the difference between craft chocolates versus mass manufactured chocolates. Students taste seven different chocolates and learn how a particular cacao’s origin and production affect a bar’s flavor. A chocolate maker will speak to the class, and we will review other area chocolate makers through an exploration of their website menus, which offer large selections of bean-to-bar chocolates.

**REG# 387779 | INSTRUCTOR: Lee Theisen**
**DATE/TIME: Saturday, 10am-12pm, December 3**
**IN-PERSON: UCLA Extension Lindbrook Center, Room 203**

The Aging Landscape: Emerging Trends and Changing Perspectives

According to the US Census, between 1950 and 2020 the number of adults 65 and older doubled, from eight to sixteen percent; by 2050 an estimated twenty percent of adults will be 65 and older. While advancements in medicine have significantly increased life expectancy, research indicates older adults who remain socially active live longer and feel more fulfilled. In 2018 UCLA joined the Age-Friendly University (AFU) global network to collaborate across academic disciplines, our many professional schools, and with staff, retirees, emeriti and alumni to support older adult equity. In this second annual event, a panel of experts shares emerging trends in aging research and practice across UCLA, explores how culture and society shape our views towards aging, and examines changing perspectives in the aging landscape. This year’s panelists will provide brief 5-minute presentations so that the remainder of the time will be open for Q&A discussions.

Panelists include: Ayesha Dixon, Director, UCLA Emeriti/Retiree Relations Center; Monica Moore, Community Health Manager, Mary S. Easton Center for Alzheimer’s Disease Research at UCLA; D’Ann Morris, Associate Director, UCLA Generation Xchange (GenX); Dr. Anousheh Shayestehpour, Director, Osher Lifelong Learning Institute (OLLI) at UCLA, and others.

*This course will be recorded. Students will have access to the video for 30 days.*

**REG# 388968 | INSTRUCTOR: Anousheh Shayestehpour**
**DATE/TIME: Thursday, 10am-12pm, December 8**
**REMOTE COURSE: Zoom information is emailed to students two days before the course begins.**
These events, courses, and other unique offerings are available exclusively to OLLI at UCLA members as part of their membership benefits. All special programs are offered at no cost to members. Registration is required.

Special programs are scheduled on an ongoing basis. Please check our website, uclaextension.edu/olli for any updates.

**OLLI Video Library  (Fall 2022 Access)**

OLLI at UCLA members who enroll in this course receive access to a selection of past program recordings in their Canvas student portal. Enjoy over 50 recordings of one-day lectures, virtual tours, guest speaker interviews, Beyond the Headlines speaker series and more! Re-enroll each quarter to continue your access and take advantage of this valuable membership perk! New videos are added every quarter.

REG# 387578 | Once enrolled, wait 24 hours then log into Canvas: my.uclaextension.edu

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**Virtual Tour: The Hammer Museum**

The Hammer Museum at UCLA believes in the promise of art and ideas to illuminate our lives and build a more just world. Tours at the Hammer are conversation based, meaning that educators ask open-ended questions about what the group sees and notices in the works covered, and facilitate a lively dialogue. One virtual tour is offered every quarter, exclusively for OLLI at UCLA members, and will highlight several works from current exhibits. To learn more about current and upcoming exhibitions at the Hammer Museum, visit: hammer.ucla.edu.

REG# 388937 | INSTRUCTORS: Hammer Museum Student Educators

**DATE/TIME:** TBD - 1 hour tour

**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.

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**OLLI Movie Club**

The OLLI at UCLA Movie Club is centered around watching quality, modern films and having a discussion afterwards. The facilitator will select films that are available on Netflix; members should screen the film at home before meeting with the group on Zoom. Discussions center around story, symbolism, cinematography, presentation, and of course—our personal reactions to the film. Films are announced one week before each meeting. Enroll anytime throughout the quarter to join in on the fun!

REG# 388864 | INSTRUCTOR: Sharon Boorstin

**DATE/TIME:** Thursday October 6; Wednesdays November 2, 30, & December 21, 3:30-4:30pm

**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.
Mah-Jongg For Fun  {New Course}
Gather with fellow Osher members for an afternoon of fun Mah-Jongg play. This is an excellent opportunity to share your expertise of the game and learn new strategies from different players. Participants must have adequate knowledge of the game, along with the ability to complete a game within 20 minutes.

Students will need to order the 2022 Mah-Jongg card from the National Mah-Jongg League at: www.nationalmahjonggleague.org. The large card for $9.00 is preferred.

REG# 388938 | INSTRUCTOR: Sheila Strober
DATE/TIME: Wednesday, 1-3pm, October 26
IN-PERSON: UCLA Extension Gayley Center, Room 112

OLLI Holiday Party  {Special Event}
Frenzied Times: The Roaring Twenties in Los Angeles
OLLI members, instructors, and guests are invited to join us for our annual holiday party. This year the theme of the party is “The Roaring Twenties in Los Angeles.” We encourage you to come dressed in 1920s style, whether that be a flapper dress or jazz suit. After a brief introductory message from the OLLI Director, guests will enjoy a fun presentation by OLLI instructor Sharon Boorstin (description below). We will conclude our holiday party by raffling three free courses. Anyone who attends and is present at the time of the raffle is eligible to win.

The 1920s were wild times in Los Angeles. Scorning Prohibition, organized crime flourished, and social behavior escaped traditional boundaries—never to return. In this course, we explore the popular culture, milestones, scandals, and legends of this tumultuous era in our city’s history. Topics include the impact of silent movies (from the star worship of Rudolf Valentino to the star scandal of Fatty Arbuckle’s murder trial), the changes resulting from LA’s growing population, car culture, and landmark construction projects (from the Hollywood Bowl and Bullock’s Wilshire to City Hall). We also look at the speakeasies, casinos, and offshore gambling ships where Angelenos broke the rules.

This event will be recorded. Students will have access to the video for 30 days.

REG# 388952 | INSTRUCTOR: Sharon Boorstin
DATE/TIME: Friday, 1-3pm, December 9
LOCATION: This event is currently scheduled to be virtual. If conditions allow, it will be moved to the UCLA Extension Gayley Center and broadcast live over Zoom for both audiences to enjoy.
Shakespeare for Beginners and Experts: Part 3

William Shakespeare is widely regarded as the greatest author of plays and poems in the English language. What is not widely recognized is that he wrote for two audiences: playgoers eager for entertainment, and the thoughtful “wiser sort” who were deeply concerned with the political, cultural, religious, and social questions of the day. Shakespeare had a lot to say to both audiences, which accounts for his timeless popularity. In this course, we read four of Shakespeare’s plays and sonnets and discuss them as well-informed lovers of the theater and poetry. We also sift his writings for the provocative ideas—seditious, ungodly and rebellious—that fired the imagination of the “wiser sort” then and now. We read the following plays: The Taming of the Shrew, The Tempest, Love’s Labour’s Lost, The Merry Wives of Windsor; as well as Shakespeare’s Sonnets.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 387550 | INSTRUCTOR: Steve Sohmer
DATE/TIME: 8 Mondays, 10am-12pm, September 19-November 14 (no meeting September 26)
BASIC MEMBER FEE: $135 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

American Civil Religion

In 1967, an American sociologist named Robert Bellah published an article claiming that, alongside churches, synagogues, mosques, and temples, there also existed “an elaborate and well-institutionalized civil religion in America." He observed that Americans embrace a common civil religion with certain fundamental beliefs, values, holidays, and rituals in parallel to, or independent of, their chosen religion. Since his time, the term and its study has flourished; American civil religion is today an academic tool in understanding what was and is the United States of America. In this course, we explore the historical roots of American civil religion, beginning with its origins in Europe and its development in the new world. As with any religion, we deal with the religious archetypes and structures—cosmogonic myths, creation myths, prophets, martyrs, holidays, sacred land, sacred texts, and more.

REG# 387752 | INSTRUCTOR: Phyllis Herman
DATE/TIME: 6 Tuesdays, 1-3pm, September 20-October 25
BASIC MEMBER FEE: $115 | PLUS MEMBER FEE: $34
IN-PERSON: UCLA Extension Gayley Center, Room 119A

Lecture Courses

FALL 2022 SCHEDULE

Lecture courses are taught by the high-caliber instructors and guest speakers for which UCLA is world-renowned. OLLI membership is required to enroll in these courses.

Shakespeare for Beginners and Experts: Part 3

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DATE/TIME: 6 Tuesdays, 1-3pm, September 20-October 25
BASIC MEMBER FEE: $115 | PLUS MEMBER FEE: $34
IN-PERSON: UCLA Extension Gayley Center, Room 119A
American Artists Abroad  {New Course}

Before the 20th century, Europe was considered the center of the art world. Steeped in artistic tradition and with no structured training available at that time in the US, most American artists journeyed to Paris or other parts of Europe to study. Seeking more opportunity, freedom, and expertise, many of those artists chose to remain abroad. By the late 19th century several of the world’s most influential painters were American expatriates. In this course, we look at Samuel Morse (who went to the Louvre every day for more than two years) and other 19th century artists who moved abroad to establish their careers. Among those covered are James McNeil Whistler, Henry Ossawa Turner, John Singer Sargent, and Mary Cassatt.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388015 | INSTRUCTOR: Katherine Zoraster

DATE/TIME: 6 Wednesdays, 10am-12pm, September 21-November 2 (no meeting October 5)
BASIC MEMBER FEE: $115 | PLUS MEMBER FEE: $34
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

A World of My Own: Alternate Reality in Movies  {New Course}

In this era of social anxiety, political populism, and lack of trust in facts, it is not surprising that the movie industry is doubling down on stories of alternate realities. In this course, we explore time travelling—to alternate versions of our lives with Coherence, Mr. Nobody and into a 1950s TV show with Pleasantville. We also look at stories that seem to offer primarily what their premise suggests—an escape from reality—but also shed light on the social and political contradictions of the world. Whether these alternate realities are created by the minds of powerful narrators, as seen in Orson Welles’s F for Fake; or by traumatized characters, as seen in The Last Command; or are forced onto a character, as in The Truman Show—these parallel universes are not there to remind us that our reality is flawed, but rather that, for all its imperfections, it should still be cherished, fixed, preserved and protected. And no other film could better convey this idea than Lost Landscapes of Los Angeles, an assembly of rare and never-before-seen footage that reconstructs the lost world that once occupied the very same streets of the cities in which we live.

REG# 388258 | INSTRUCTOR: Alex Pirolini

DATE/TIME: 6 Wednesdays, 1-3:30pm, September 21-November 2 (no meeting October 5)
BASIC MEMBER FEE: $130 | PLUS MEMBER FEE: $39
IN-PERSON: UCLA Extension Gayley Center, Room 114
Cosmology, Astronomy, and Space Exploration in the News
Due to advances in technology, what we thought we knew about the fundamentals of cosmology, astronomy, and space exploration is evolving almost daily. In this course, we explore the latest concepts, news, and discoveries regarding multiverses, gravitational waves, black holes, neutron stars, exoplanets, and the beginning of our universe. We also follow the progress of NASA's and ESA's missions to the moon, Mars, and Europa—Jupiter’s ice-covered moon, and much more.

REG# 387764 | INSTRUCTOR: Shelley Bonus
DATE/TIME: 8 Wednesdays, 6:30-8:30pm, September 21-November 16 (no meeting October 5)
BASIC MEMBER FEE: $135 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Art of the French Revolution: Baroque to Romanticism
In late 17th-century and 18th-century France, art was used as a powerful tool by the ruling class and others seeking power and change. Through beauty and propaganda, art was used to present power, sway beliefs, extol virtue, and make social commentary. In this course, we look at how French art developed from the Baroque under Louis XIV, through Neoclassicism of the Enlightenment and the French Revolution, to Romanticism emerging at the onset of the 19th century.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388035 | INSTRUCTOR: Katherine Zoraster
DATE/TIME: 6 Thursdays, 10am-12pm, September 22-October 27
BASIC MEMBER FEE: $115 | PLUS MEMBER FEE: $34
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

US History, Part 2: America's First Citizen: Ben Franklin and His Times  
{New Course}
Benjamin Franklin was an international star through much of the 18th century, and, for many Europeans, he represented what it meant to be an American and what might be possible in the new world. Franklin became a Zelig-like figure in American history, one who was seemingly present at all of the key moments of our nation’s creation. These moments included the writing of the Declaration of Independence, the signing of the Treaty of Paris (that ended the Revolutionary War), and the creation of the Constitution in 1787, among others. In this course, we focus on Franklin's extraordinary evolution from a powerful advocate for his king and the British Empire to one of its harshest critics and an extraordinary voice in support of America's revolutionary cause.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388312 | INSTRUCTOR: Jared Day
DATE/TIME: 2 Thursdays, 1-3pm, September 22 and 29
BASIC MEMBER FEE: $85 | PLUS MEMBER FEE: $25
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Classical Music Masterpieces in Films, Part 2  {New Course}

Classical music has been an integral part of film since the very beginning with the silent-film era. At that time, most individuals in charge of providing music were classically trained musicians. Compositions considered to be “masterpieces” throughout history carry a cultural significance for viewers and thus enrich films with added layers of meaning and complexity. In Part 2 of the series, we view critically acclaimed films that use famous classical masterpieces—outside their original context—to create added layers of meaning. We discuss cultural, historic, and aesthetic issues associated with the application of a specific classical piece in significant films such as Stanley Kubrick’s 2001: A Space Odyssey (1968), Francis Ford Coppola’s Apocalypse Now (1979), Tom Hooper’s The King’s Speech (2010), and more.

REG# 388269 | INSTRUCTOR: Anahit Rostomyan
DATE/TIME: 6 Thursdays, 1-3pm, September 22-October 27
BASIC MEMBER FEE: $115 | PLUS MEMBER FEE: $34
IN-PERSON: UCLA Extension Gayley Center, Room 114

Music of France during the 19th Century

Music by German composers such as Beethoven and Wagner typically dominate the history of classical music. However, the music of France has also played a significant role in shaping much of European culture and society. This course focuses on French music beginning in the 19th century, exploring composers and musical traditions through the fin de siècle. We delve deep into the impact of composers such as Hector Berlioz, Georges Bizet, Camille Saint-Saëns, Gabriel Fauré, Claude Debussy, Maurice Ravel, and many others.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 387771 | INSTRUCTOR: Ryan Shiotsuki
DATE/TIME: 8 Fridays, 10am-12pm, September 23-November 18 (no meeting November 11)
BASIC MEMBER FEE: $135 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Great Conductors of Classical Music  {New Course}

In the history and reception of classical music, we often focus primarily on composers, their lives, and their work throughout their career. Whether we go to the concert hall or listen at home, an integral part of the listening experience involves encounters with different performers and interpretations that bring the musical composition to life. As time passes, performance traditions and values vary from artist to artist. In this course, we focus primarily on the role the conductor plays in shaping the music and orchestral repertoire we hear. Beginning with the acoustic recording era, we explore the performances of conductors spanning the 20th century to the present day, from Arthur Nikisch, Wilhelm Furtwängler, and Arturo Toscanini to Leonard Bernstein, John Eliot Gardiner, and Gustavo Dudamel.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388173 | INSTRUCTOR: Ryan Shiotsuki
DATE/TIME: 8 Fridays, 1-3pm, September 23-November 18 (no meeting November 11)
BASIC MEMBER FEE: $135 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Beyond the Headlines  {Speaker Series}

Pulled from today’s headlines, this exclusive speaker series offers an in-depth analysis of significant contemporary issues. Each week, an expert from the political, social, technological, or economic spectrum provides a 1-hour lecture focused on a major global, national, or local issue. Afterwards, students have the opportunity to participate in a Q&A session with the speaker. A list of speakers for this term will be available online approximately one month before the course begins.

This course will be recorded. Students will have access to videos for the duration of the course.

"Back to School" Special Promotion: $100 for all OLLI members

REG# 388879 | INSTRUCTOR: James Aldinger
DATE/TIME: 8 Tuesdays, 10:30am-12pm, September 27–November 15
FEE: $100 for all members
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

This fall, we invite enrolled students to watch the speakers live in the dedicated screening room at the UCLA Extension Gayley Center in Westwood, room 121AB (adjacent to the OLLI member lounge).

Spice: The History of a Passion  {New Course}

In this course we take a spirited inquiry into the complex and compelling history of our pursuit of spices, not just for food but also for medicines, magic, religious ceremonies, showing off, and sex. Spices have underwritten the economies of kingdoms and countries, they have been the cause of wars, and they have produced wealth that facilitated the production of great art. The politics of spices provoked Europe’s Age of Exploration, which resulted in the discovery of new worlds. We explore how the spice trade forged an enduring, often exploitative, relationship between the Europe and Asia and the Western Hemisphere.

REG# 388120 | INSTRUCTOR: Carlo Coppola
DATE/TIME: 8 Mondays, 10am-12pm, October 3-November 21
BASIC MEMBER FEE: $135 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Iconic Jazz Guitarists

The guitar has been an integral instrument in jazz going back to the late 19th century when it was the musical voice of the blues. It’s an incredibly versatile instrument that can shout, whisper, swing, and rock in the hands of talented musicians like Kenny Burrell, Wes Montgomery, George Benson, Bill Frisell, Barney Kessell, and Stanley Jordan. In this course we explore iconic jazz guitarists from beginning with the 1930s and 1940s, when Eddie Lang took the guitar from a rhythm instrument to a featured voice in bands. In the same period, Django Reinhardt, the Belgian-born Romani-French guitarist, created a unique sound with his Hot Club of France Quintet. We also learn about Texan Charlie Christian and his electrically amplified gingering guitar style which totally altered the sound and use of the guitar in jazz. We then move into the early 1950s to explore Les Paul’s system that allowed overdubbing and multiple voicing which again expanded the instrument. We also cover the Brazilian-influenced soft Latin sound that guitarists like Laurindo Almeida and Charlie Byrd followed. Learn about how the guitar became the lead voice of countless bands as well as becoming the instrument that best complements the human voice.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388881 | INSTRUCTOR: Pat Collins
DATE/TIME: 7 Mondays, 1-3pm, October 3-November 14
BASIC MEMBER FEE: $125 | PLUS MEMBER FEE: $37
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

The 2022 November Elections  {New Course}

In this course Bob Stern is joined by expert guest speakers each week to discuss what’s on the November ballot, with particular emphasis on California’s statewide elections, controversial California ballot propositions, the gubernatorial and US Senate races, local competitive elections, and those of interest throughout the country. We take notice of the competitive elections for attorney general and state controller, as well as the City of LA mayor's race and the LA County sheriff's race. We also look at campaign financing, the initiative process, and reforms to our election system. The final class analyzes the November 8 election results and their meaning, especially for the 2024 presidential election.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 387824 | INSTRUCTOR: Bob Stern
DATE/TIME: 6 Thursdays, 1-3pm, October 6-November 10
BASIC MEMBER FEE: $115 | PLUS MEMBER FEE: $34
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
The Blues: How Three Chords Became Rock and Roll

Rock and roll exists because of the blues. This course explores how songs sung by enslaved Africans in the southern US became gospel music, the acoustic blues of the Mississippi Delta, the electrified sounds of Chicago, and the rhythm and blues associated with Memphis. When this music became mainstream in the fifties, rock and roll was born, creating careers for artists like Aretha Franklin, the Drifters, and Elvis. The blues inspired rock groups on both sides of the Atlantic Ocean, the soulful sounds of Motown and Philadelphia, and hip hop and rap music. In this course we listen to music clips to understand the evolution of rock and roll and how it produced social change and technological advancement worldwide. Historic recordings are presented, including the Georgia Sea Island Singers recorded by Alan Lomax, Delta blues artists, Chicago blues, and Memphis R & B.

This course will be recorded. Students will have access to videos for the duration of the course.

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Post-War Paris: The Rebirth

Four years of Nazi occupation dampened but never extinguished the creative spirit of Paris. When Paris was liberated in 1944, that spirit exploded in many directions, making the city once again a cultural mecca. Existentialism and feminism influenced literature, film, and music. After the gloom and shortages of wartime, the fashion industry came back to life and Parisian playwrights reinvented theatre. Popular music incorporated biting social criticism; the words of great poets and jazz became the music of the young. In this course we explore this amazingly vital cultural milieu that flourished amid enormous political tensions.

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<td>IN-PERSON:</td>
<td>UCLA Extension Gayley Center, Room 114</td>
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Biography of Europe, Part 3: Suleiman the Magnificent and the Apex of the Ottoman Empire in Europe  {New Course}

A contemporary of Henry VIII, Sultan Suleiman the Magnificent led the Ottomans to their geopolitical apex—even as he and his immediate heirs sowed the seeds of centuries of Ottoman decline. In this course, we examine one of the least understood aspects of Renaissance-era European history—the extraordinary impact of the Ottoman Empire on people and events in the 16th century. We also explore the aspects of Ottoman rule that made them so effective, as well as the sources of their decline in later centuries. Suleiman’s rule contained both the elements of success and the seeds of failure to come.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388313 | INSTRUCTOR: Jared Day
DATE/TIME: 2 Mondays, 1-3pm, November 28 and December 5
BASIC MEMBER FEE: $85 | PLUS MEMBER FEE: $25
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Rome and Its First Emperors: From Augustus to Nero  {New Course}

The Roman state was a Republic for 500 years before Augustus (Rome’s first emperor) created a Roman autocracy that replaced the Republic’s representative democracy. In this course we examine the first 100 years of Rome’s empire. We explore how Augustus built his imperial regime, the tools he used to maintain it, and the reasons Romans accepted it. We then look at Augustus’s successors—the emperors Tiberius (14–37 AD), Caligula (37–41), Claudius (41–54) and Nero (54–68)—to consider how imperial power evolved under them and why Romans accepted concentrating absolute power into the hands of one man.

This course will be recorded. Students will have access to videos for the duration of the course.

REG# 388190 | INSTRUCTOR: Edward Watts
DATE/TIME: 2 Fridays, 10am-12pm, December 2 and 9
BASIC MEMBER FEE: $85 | PLUS MEMBER FEE: $25
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Discussion groups allow members to explore subjects in an atmosphere of intellectual stimulation, creative self-expression, and socializing, without the expectation of tests or grades. Depending on the nature of the course, there could be a modest amount of preparation or readings required, and you may be called upon for your insights—members should be ready to participate. OLLI membership is required to enroll in these courses.

Nobel Laureates You May Not Know, Part 5: Plays  {New Course}

The Nobel Prize in literature is recognition for a lifetime's achievement; what is always singled out for praise is an original voice in the service of moral or social vision. The greatest literature always tells us (in broad or specific ways) how we live—and how we might live—giving us a window on human failures, hopes, and victories. In this course we read plays that are social and realistic, metaphysical, and artistically groundbreaking. Among them, Eugene O'Neill's *The Iceman Cometh*, a work of dark realism, is considered by many as his greatest play. Harold Pinter's *The Homecoming* dramatizes the compelling issues of sex and power within the family. George Bernard Shaw's *St. Joan* examines the themes of individualism, faith, and even feminism. Luigi Pirandello's *Six Characters in Search of an Author* is an absurdist classic in which the characters, claiming they are the incomplete creations of an author, demand to be included in the play. Peter Handke's *The Hour We Knew Nothing of Each Other* enquires into the boundaries of language when it no longer serves the purposes of a genuine human community. And Dario Fo's *Accidental Death of an Anarchist* "plays with" the idea of police corruption, impersonation, infiltration, and double-talk.

REG# 387853 | INSTRUCTOR: Leonard Koff

DATE/TIME: 8 Mondays, 10am-12pm, September 19-December 5
(no meetings September 26; October 17, 31; November 14)

BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40

REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Best American Essays, Part 1  \(\text{\{New Course\}}\)

The essay is an expression of the human voice addressing an imagined audience, seeking to shift opinion, to influence judgment, to appeal to another in his or her common humanity. As Joyce Carol Oates puts it, the essay “is the ideal literary form to convey the vision of who we are and where we are going.” The essays we read in this course—direct and intimate—take on subjects of profound significance, retaining, at the same time, the power of a personal address. For example, W. E. B. Du Bois’s “Of the Coming of John” is a chilling prophetic work that traces the journey of a seemingly ordinary black boy from southeastern Georgia sent north to be educated in a Negro school, who returns more foreign to his former relatives and neighbors than a Georgian white man. H. L. Mencken’s “The Hills of Zion” is a passionate repudiation of evangelical Christianity and anti-intellectualism; and Henry Adams’s “A Law of Acceleration” strikes a disturbingly contemporary note in its contemplation of a mechanist universe reduced to a series of relations, and mankind itself reduced to “motion in a universe of motion.”

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A Short History of American Agriculture  \(\text{\{New Course\}}\)

Our understanding of how food gets from farm to pantry is often misunderstood. This course examines the modern history of American agriculture as it emerged from the Dust Bowl years and became a worldwide phenomenon. We follow the development of modern farming from a political, environmental, social, economic, and technological perspective.

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Enroll in courses online at uclaextension.edu/ollı. / Fall 2022 / Page 20
Disruption: New Short Fiction from Africa  {New Course}

Drawn from the four corners of the continent, from Libya and Sierra Leone to Kenya and Botswana, the 21 stories we read serve up an imaginative feast, many unfolding the consequences of the environmental degradation of the planet. The contributors, however, have not parroted the doom and gloom often found in dystopian or apocalyptic fiction and have instead opted for wildly original narratives. We read this exciting, creative collection of short stories in the anthology, Disruption: New Short Fiction from Africa, edited by Rachel Zadok, Karina Szczurek, and Jason Mykl Snyman. The anthology was compiled during 2019–2020 and published in 2021; the disruption theme was selected before COVID-19 appeared and is ironically relevant.

REG# 388115 | INSTRUCTOR: Maria Siciliano
DATE/TIME: 8 Tuesdays, 10am-12pm, September 20-November 8
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

The Historical Jesus and the Aftermath  {New Course}

No figure in Western history has been given more print, scholarship, or speculation than the person called Jesus. In this course, we explore who or what Jesus was—a Jewish revolutionary, a divine spiritual man, an unlucky artisan, a mythical figure—or perhaps something else altogether. We also examine the consequences that followed his life—the church, Christianity, and Christology, and whether they truly reflect the man. This course is not just a synthesis of what the scholars say, but an investigation that the class takes on in this interactive discussion group.

REG# 387969 | INSTRUCTOR: Vincent Coppola
DATE/TIME: 8 Tuesdays, 1-3pm, September 20-November 8
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Short Story International: An Irish Perspective, Part 2
{New Course}

This course is an exploration into the short story genre of a single literary tradition; in this instance, the Irish. The suggested book is The Oxford Book of Irish Short Stories, edited by the distinguished Irish short-story writer, William Trevor. It traces the development of the short story in Ireland, including centuries-old tales from the vibrant Irish oral storytelling tradition (seven have been translated from the original Irish—aka Erse or Gaelic—especially for this anthology) to the English writings of Elizabeth Bowen, Frank O’Conner, Patrick Boyle, and to other notable contemporary writers who, together, dynamically reflect a cross section of Irish society, their voices resonating through urban and rural regional landscapes, private and public passions, and intense, dramatic political events.

REG# 388113 | INSTRUCTOR: Carlo Coppola
DATE/TIME: 8 Wednesdays, 10am-12pm, September 21-November 16 (no meeting October 5)
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
American Theatre on the Big Screen  {New Course}

In this course, we view four plays by the most influential American playwrights of the 20th century, all adapted into feature films. First, we watch *Eugene O'Neill: A Documentary Film*. We then view *Long Day’s Journey into Night*, for which Eugene O’Neill posthumously received the 1957 Pulitzer Prize for Drama; Tennessee Williams’s *A Streetcar Named Desire*, Arthur Miller’s *All My Sons*, and Edward Albee’s *Who’s Afraid of Virginia Woolf?*. After each viewing, we analyze how each film uses the verbal, visual, and visceral art form in presenting the work. As Hamlet said, “The play’s the thing wherein to catch the conscience of the king.”

**REG# 388098 | INSTRUCTOR:** Vincent Coppola  
**DATE/TIME:** 5 Wednesdays, 1-4pm, September 21-October 26 (no meeting October 5)  
**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40  
**IN-PERSON:** UCLA Extension Gayley Center, Room 121C

Current Events: Understanding Our World

This unique discussion group focuses on exploring the news of the week. Participants share articles and opinions that pertain to what’s happening both in the United States and internationally, particularly to introduce diverse views. Many of the pundits we analyze write for *The New York Times*, the *Wall Street Journal*, the *Washington Post*, and the *Los Angeles Times*. These include such political writers as David Brooks, Thomas Friedman, Paul Krugman, Ross Douthat, Fareed Zakaria, John Bolton, Peggy Noonan, Maureen Dowd, and many more that the class may wish to cover. We also examine such magazines as *The New Yorker*, *The Atlantic*, *The New Republic*, and other journals that give in-depth coverage of current topics. This is your chance to listen and to be heard on the events of today.

**REG# 387553 | INSTRUCTOR:** Myrna Hant  
**DATE/TIME:** 8 Thursdays, 10am-12pm, September 22-November 10  
**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40  
**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.
Art Now: A Virtual Look at Working Artists  {New Course}

In this course, we look at work created by artists working now—mainly through virtual studio visits but also through virtual museum tours. Virtual museum tours offer institutional readings of contemporary artists and their work, which inherently reflects the point of view of that institution. Virtual studio visits introduce contemporary work from individual artists, from whom we learn the interests, passions and circumstances which inform their projects. Recognizing the role of the institution and the role of the artist in the cultural context of our times is an intriguing unfolding of history in the making. Between sessions, recaps are provided by the instructor to augment contextual readings of the presentations. Discussion is encouraged as it inspires further observation and awareness.

REG# 387921 | INSTRUCTOR: Deborah Cohen

DATE/TIME: 6 Thursdays, 1-3:30pm, September 22-October 27

BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40

REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
OLLI at UCLA offers courses in French and Spanish at several levels. Language courses are discussion-heavy and members should be ready to participate. OLLI membership is required to enroll in these courses.

Spanish II for Everyday Life
A continuation of Spanish I, Spanish II is an immersion-style course. After a first session in English, instruction is conducted in Spanish. The course offers an easy, no-stress way to build on what you learned in the first course and is great for those with intermediate knowledge of the language.

Our Spanish I-IV courses teach you the grammar and vocabulary foundation needed to read and write in Spanish. Students will receive some lectures as well as be assigned short readings in Spanish. We offer these courses on an annual cycle: Spanish I is offered in the summer; Spanish II is offered in the fall; Spanish III is offered in the winter; and Spanish IV or Literary Spanish is offered in the spring.

**REG#** 387521 | **INSTRUCTOR:** Emilia Chuquin  
**DATE/TIME:** 8 Tuesdays, 10am-12pm, September 20-November 8  
**BASIC MEMBER FEE:** $135 | **PLUS MEMBER FEE:** $40  
**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.

High-Level Spanish Conversation
This conversation course is for those more advanced Spanish speakers who want to continue improving their oral Spanish skills. Using authentic sources from Latin America, students improve their spoken Spanish through interpretation, imagination, and critical reading. Stories are read and retold in small groups in front of the class in order to improve vocabulary, pronunciation, and idiomatic expressions. Students who have completed Spanish IV or Literary Spanish are at the appropriate fluency level for this course.

**REG#** 387798 | **INSTRUCTOR:** Emilia Chuquin  
**DATE/TIME:** 8 Tuesdays, 1-3pm, September 20-November 8  
**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40  
**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.

French Conversation 1: Low Intermediate
Designed for students who have had one year of French, this course prepares you to have a conversation with native speakers of French. Real-life dialogues include engaging topics such as meeting people, making plans, discussing leisure activities, and just having fun. Homework assignments include oral exercises on specified topics; students prepare their discussion points during the week and share with the whole class.

**REG#** 387801 | **INSTRUCTOR:** Ruth Anne Gooley  
**DATE/TIME:** 8 Wednesdays 6:30-8:30pm, September 21-November 16 (no meeting October 5)  
**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40  
**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.
French Conversation II: High Intermediate
Designed for students who have taken two or more years of French or who have lived in a French-speaking country, this class prepares you to have a conversation with native speakers of French. Real-life dialogues include engaging topics such as meeting people, making plans, discussing leisure activities, and just having fun. Homework assignments are oral exercises on specified topics that students prepare during the week, then share with the whole class.

REG# 387800 | INSTRUCTOR: Ruth Anne Gooley
DATE/TIME: 8 Tuesdays, 6:30-8:30pm, September 20-November 8
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Real Life Spanish Conversation I
This course provides a comfortable space for members with a basic knowledge of Spanish to practice their conversation skills under an instructor's guidance. Members respond to prompts provided by the instructor, while their peers ask follow-up questions or make comments, all in Spanish. The instructor facilitates the conversations and corrects vocabulary or grammar as needed. Please note: This is not a beginner's class; some Spanish is required.

REG# 387837 | INSTRUCTOR: Susan McMillen Villar
DATE/TIME: 8 Thursdays 10am-12pm, September 22-November 10
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Real Life Spanish Conversation II
This course provides a comfortable space for members with an intermediate knowledge of Spanish to practice their conversation skills under an instructor’s guidance. Members respond to prompts provided by the instructor, while their peers ask follow-up questions or make comments, all in Spanish. The instructor facilitates the conversations and corrects language as needed while also introducing more advanced grammar and vocabulary skills. Please note: This course is intended for intermediate Spanish speakers; students approaching fluency are encouraged to take our High-Level Spanish Conversation course.

REG# 387838 | INSTRUCTOR: Susan McMillen Villar
DATE/TIME: 8 Thursdays, 1-3pm, September 22-November 10
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
These courses are interactive; members are able to practice or apply what they learn in class. OLLI membership is required to enroll in these courses.

**iPhone Photography Workshop: Creating Works of Art**

Want to learn how to use your iPhone to create artistic photos? In this course we review how to take an in-focus, well-exposed picture and how to crop and edit it. We work with elements of composition, color, and lighting, so your photo has impact. We discuss different apps to give your photos uniqueness and a type of artistry. Posing, photo books, matting, and displaying your photos will also be discussed. This is an interactive class; each week you are given an assignment which is critiqued the following week.

**REG# 387844 | INSTRUCTOR: Ellen Demsky**

**DATE/TIME:** 8 Mondays, 10am-12pm, September 19-November 14 (no meeting September 26)

**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40

**IN-PERSON:** UCLA Extension Gayley Center, Room 119B

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**Beginning Mah-Jongg**

Mah-Jongg is a game of both skill and luck that originated in China many centuries ago. It was brought to the West in the 1920s and is played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus call “Mah-Jongg” ends the game, whereupon tiles are scored, and a winner is declared. This course introduces the beginner to the basic rules and simple strategies. Learn to play this enjoyable, social, and thought-provoking game!

*Every student will need to purchase the 2022 Mah-Jongg card from the National Mah-Jongg League at: www.nationalmahjonggleague.org. The large card for $9.00 is preferred.*

**REG# 387842 | INSTRUCTOR: Sheila Strober**

**DATE/TIME:** 7 Tuesdays, 1-3pm, September 20-November 1

**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40

**IN-PERSON:** UCLA Extension Gayley Center, Room 119A
Life Stories that Stir the Soul

As we travel along life’s path, our stories are the most precious gifts we can pass on. In this course students are encouraged to write stories that have affected their hearts. Be they funny or sad, about good times or bad, each student has an opportunity to share a new short story every week. Write a story about the one that got away, or the one you decided to stay with. Write about the lessons you learned, the dinners you burned, or what you did when you came to a particular fork in your road.

Note: this course has required weekly writing assignments. Students must meet weekly deadlines in order to receive instructor feedback and participate in group storytelling sessions.

REG# 387839 | INSTRUCTOR: Shelley Bonus
DATE/TIME: 8 Wednesdays, 1-3pm, September 21-November 16 (no meeting October 5)
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.

Finding Your Movement Intelligence

The Feldenkrais Method® works slowly and systematically to build new patterns of movement. By doing very small and easy but complex movement puzzles, we learn to rewire our nervous systems to align mind with body. In this course, we become experts at knowing how our bodies work—what is possible and easy and what is more difficult or even impossible at the time. We experiment with variations in our movement patterns to build resiliency and expand our repertoire of ways to do the same movements with refinement. Anyone can benefit since the emphasis is on learning as we once did as babies—organically. Discover the pleasure of moving painlessly and gracefully.

Note: Students must sign a waiver before participation.

REG# 388225 | INSTRUCTOR: Stacy Barrows
DATE/TIME: 10 Thursdays, 10-11am, September 22-December 1 (no meeting November 24)
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
Traditional Tai Chi  **(New Course)**

Tai Chi is well-known for bringing the mind, body, and spirit together to improve balance, prevent injury, and promote good health. This peaceful martial art helps to clear the mind, reduce stress, and enhance flexibility, along with promoting overall wellness. The steps are soft, and the slow movements are simple. The postures and movements accord with the principles of yin and yang and build an intimate awareness with one’s natural internal and external energy. This allows for a great sense of inner peace. Each week a new Tai Chi posture is introduced, followed by a 50-minute Tai Chi flow sequence. In this course we learn how to open the body's energy pathways and prepare for proper Tai Chi form training.

*Note: Students must sign a waiver before participation.*

**REG# 388330 | INSTRUCTOR: **Samuel Barnes

**DATE/TIME:** 8 Thursdays, 1:30-3pm, September 22-November 10

**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40

**IN-PERSON:** UCLA Extension Gayley Center, Room 119

Beginning Gentle Yoga

This is a slow meditative course, intended for those with little or no yoga experience, or those with physical limitations. In this course we integrate awareness of the breath with gentle movement to facilitate a feeling of wholeness, well-being, and joy. Mats are required unless you elect to use a chair instead of a mat.

*Note: Students must sign a waiver before participation.*

**REG# 387874 | INSTRUCTOR: **Mona Wells

**DATE/TIME:** 8 Wednesdays, 1-2:30pm, September 28-November 30 (no meeting October 5 and November 23)

**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40

**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.

Intermediate Yoga

This is a nurturing Hatha flow course intended for those with foundational experience practicing yoga. In this course, meditation and yoga nidra are integrated into our practice to enhance relaxation, renewal, and connecting to our true nature. Mats are required.

*Note: Students must sign a waiver before participation.*

**REG# 387885 | INSTRUCTOR: **Mona Wells

**DATE/TIME:** 8 Thursdays, 6:30-8:30pm, September 29-November 17

**BASIC MEMBER FEE:** $80 | **PLUS MEMBER FEE:** $40

**REMOTE COURSE:** Zoom information is emailed to students two days before the course begins.
Drawing Studio

In this course, students participate in an interactive, virtual drawing studio where they learn to draw, to practice, and to investigate. We practice drawing techniques that explore gesture, line, contour, shade, shadow, light, form, space, and weight, as well as a variety of mediums and materials. To bolster enthusiasm and provide inspiration, the course includes a virtual studio visit with a working artist, and/or a virtual museum/gallery tour with an educator to learn about a related exhibition. This course is perfect for those who love to draw and want to enhance their artistic knowledge and skills.

REG# 388886 | INSTRUCTOR: Deborah Cohen
DATE/TIME: 6 Tuesdays, 1-3:30pm, November 1-December 6
BASIC MEMBER FEE: $80 | PLUS MEMBER FEE: $40
REMOTE COURSE: Zoom information is emailed to students two days before the course begins.
OLLI at UCLA members have access to a selection of unique leadership & volunteer opportunities within UCLA. New opportunities are shared via email as they arise.

### Leadership Opportunities (conducted remotely until further notice)

**OLLI Advisory Board** - Led by the OLLI Director, the Advisory Board is dedicated to supporting the mission and values of the OLLI program as outlined by the Osher Foundation. Advisory Board members meet throughout the year to provide feedback on strategic initiatives and to review scholarship applications. Appointment to the advisory board is by invitation only, but requests to join will be reviewed by any member who has been in the program over 5 years.

**Curriculum Committee** - Curriculum committee members support program development by identifying new potential instructors and topics, sharing highlights from OLLI courses, and promoting the OLLI program. To be eligible for the curriculum committee, you must have been an OLLI member for at least 2 years and complete a brief interview.

To learn more about serving on a committee, please email osher@uclaextension.edu.

### Volunteer Opportunities (remote & in-person options)

**Friends of Extension** – OLLI members are eligible to join the Friends of Extension volunteer program. These volunteers provide services to UCLA Extension such as checking in students for courses, being a virtual teacher’s assistant for OLLI Zoom courses, and helping with any special events. For more information about the Friends of Extension, please contact Jan Woo at jwoo@unex.ucla.edu or call (310) 825-1024.

**Generation Xchange Program (GenX)** – A partnership between the UCLA Department of Medicine and the L.A. Unified School District that brings retired adults into K-3 classrooms to help children achieve academic success. The mission is to promote greater health and wellness outcomes in at-risk older adults, while simultaneously supporting greater academic and behavioral outcomes for children in grades kindergarten through 3rd grade. For more information, contact D’Ann Morris, Associate Director at dmmorris@mednet.ucla.edu or leave a voicemail for the UCLA Division of Geriatrics (310) 825-8253 and a team member will contact you.
Thank you to all the donors and friends of the Osher Lifelong Learning Institute at UCLA, without whom the OLLI program would not be possible. We extend our sincerest thanks and appreciation for your continued support.

OLLI at UCLA depends on private contributions from caring individuals like you to keep our program running and thriving. Your investment in OLLI at UCLA ensures that our high quality courses continue to enrich the lives of adults throughout Los Angeles.

As we prepare for the future, we rely on individual donations from members and non-members who believe in the transformative work of lifelong learning. You can help support the continuation and growth of the OLLI at UCLA program by making a tax-deductible donation of any size to our scholarship fund or support fund.

Michael Williams Memorial Scholarship Fund

The Michael Williams Memorial Scholarship provides members who demonstrate financial need and a commitment to lifelong learning a free year of Plus OLLI membership. A donation to the OLLI scholarship fund means we can award a greater number of scholarships every quarter.

OLLI Support Fund

Membership dues and course fees only cover a percentage of program costs. A donation to the OLLI support fund ensures that we can continue to provide excellence in programming, instruction, and service.

Help us reach our $30,000 annual fundraising goal.

Gifts can be made online at: giving.ucla.edu/SupportOsher.
Instructors
FALL 2022

James Aldinger, former two-term mayor of Manhattan Beach; designed and built satellites for 30+ years for Hughes Aircraft Company (later Boeing).

Samuel Barnes, Director of Tai Chi Works Studio and the Qigong Healing Institute; a master teacher of Tai Chi, Qigong, Hsing I, Bagua and meditation for over 42 years.

Stacy Barrows, PT, GCFP, Doctor of Physical Therapy; certified PMA Pilates and Feldenkrais teacher; owner of Smart Somatic Solutions.

Richard Bell, PhD, professor of history at the University of Maryland; author of the new book Stolen: Five Free Boys Kidnapped into Slavery and their Astonishing Odyssey Home.

Shelley R. Bonus, writer, astronomical historian, content creator for the Caltech Infrared Astronomy website, CoolCosmos, and telescope coordinator for the Mt. Wilson Observatory.

Sharon Boorstin, former contributing writer for the Los Angeles Times, specializing in lifestyle and travel; has written for Bon Appetit, Smithsonian and Town & Country Travel; author of the memoir/cookbook Let Us Eat Cake: Adventures in Food & Friendship

Emilia Chuquin, PhD in Spanish, UNM, Albuquerque; Spanish Instructor for UCLA Extension.

Deborah Beth Cohen, PhD in Culture and Performance, UCLA; artist; designer; educator at the Museum of Contemporary Art Los Angeles (MOCA) for 21 years.

Patrick Collins, former jazz DJ and television producer; has served as chairman and board member of the LA-based nonprofit Jazz Bakery, as well as a member of the Friends of Jazz at UCLA.

Carlo Coppola, PhD in Comparative Literature, University of Chicago; published author, editor, critic, world literature teacher and translator of poetry and fiction from South Asian literatures.

Vincent Coppola, PhD in Philosophy, Pontifical Gregorian University; MFA in Film and Theater Arts, UCLA.

Jared Day, PhD; taught American history at Carnegie Mellon University; expertise in US political, urban, and cultural history, and world history from the 15th century to the present.

Ellen Demsky, award-winning event and portrait photographer; has taught digital photography for 15 years.

Ruth Anne Gooley, PhD in French Language and Literature, UCLA.

Myrna Hant, PhD; Former Research Scholar, Center for the Study of Women, UCLA.

Phyllis K. Herman, PhD in History of Religion, UCLA; professor of religious studies at CSUN with a focus on South Asia; coeditor of The Constant and Changing Face of the Goddess: Goddess Traditions in Asia.

Areille Hogan, PhD candidate in Neuroscience in the lab of Dr. Daniel Geschwind, UCLA. Her research focuses on bioinformatic approaches to studying central nervous system (CNS) injury and neural repair.

Kurt Hohenstein, PhD, MA, JD, former associate professor of History at Winona State University; independent historian for the SEC Historical Society; author of Coining Corruption: The Making of the American Campaign Finance System and The Rules of the Game: Simple Truths Learned from Little League.

Jeffrey Hutter, PhD; Psychologist; former assistant clinical professor, School of Medicine, UCLA; past president, Gestalt Therapy Institute of Los Angeles; former clinical consultant at the Institute for Meditation and Psychotherapy.
Mort Kamins, Attorney; freelance writer on American cultural history; contemporary literature, jazz, classical music, sports, business, and law, including articles for Esquire, Sports Illustrated, Billboard, Los Angeles, Texas Monthly, Writer’s Digest, and Los Angeles Times.

Leonard Koff, PhD, UC Berkeley; associate, UCLA Center for Medieval and Renaissance Studies.

Marganit Lish, CSLA; Life Teaching Credential, CSUN; MAT in education, University of Judaism

Andrea Liss, PhD in Contemporary Art History and Visual culture, UCLA; professor emerita at California State University San Marcos (CSUSM)

Steven Moore, MA in Drama; former student advisor in the UCLA School of Theatre, Film, and Television; instructor for UCLA Extension’s American Language Center (2013 Distinguished Instructor Award).

Andrew Muson, Juilliard-trained, musician, composer, and producer who has recorded gold and platinum albums, TV themes, and film scores. He’s appeared on stages from Carnegie Hall to Montreux with artists including James Taylor, The Manhattan Transfer, Bette Midler, Yoko Ono, and Albert King.

Alex Pirolini, PhD in American film history, University of London; author of Rouben Mamoulian and The Cinema of Preston Sturges and has written numerous articles, essays, and film reviews for various publications.

Anahit Rostomyan, MMus in organ performance, MA in musicology. She is pursuing dual DMA and PhD degrees in these two fields of study at UCLA and is an avid performer of period keyboard instruments.

Anousheh Shayestehpour, EdD in Educational Leadership, UCLA; lifelong educator, educational psychology researcher, and current director of the Osher Lifelong Learning Institute (OLLI) at UCLA.

Eleanor Schrader, MBA, Loyola Marymount University; graduate work in fine and decorative arts at Sotheby’s Institute in London and New York, and graduate studies in architectural history at USC.

Ryan Shiotsuki, PhD in musicology; lecturer in musicology, UCLA and Chapman University.

Maria Siciliano, MPA, Harvard University; MS in Gerontology, USC; principal and founder, Gerontology in Action.

Steve Sohmer, PhD; student of the Holocaust for the past 17 years. His research has taken him to Nuremberg, Berlin, Dachau, Auschwitz, Ravensbruck, Bergen-Belsen, Buchenwald, and the Deutsche Kinemathek.

Bob Stern, JD; former president of the Center for Governmental Studies; former chair of the Council on Governmental Ethics Laws; former legislative and Secretary of State staffer; first general counsel for the California Fair Political Practices Commission and coauthor of reform laws.

Sheila Strober, MEd; retired middle school science teacher; has played Mah-Jongg and participated in Mah-Jongg tournaments for 20 years.

Lee Scott Theisen, PhD, American history; Latin American History and Art at University of Arizona; lecturer on film and food culture with expertise on chocolate.

Susan McMillen Villar, PhD in Hispanic and Luso literatures, languages, cultures, and linguistics; retired director of Spanish and Portuguese language instruction, University of Minnesota Twin Cities.

Edward Watts, PhD in History from Yale University; Alkiviadis Vassiliadis Endowed Chair; Chair of the History department at UCSD; editor and author of six books including Mortal Republic: How Rome Fell Into Tyranny (Basic Books, 2018).

Mona Wells, Hatha Yoga Teacher in Los Angeles and New York for more than 15 years.

Katherine E. Zoraster, MA; adjunct professor of art history at Moorpark College, CSU Northridge, and the Los Angeles Academy of Figurative Arts.
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